

# LEFT-INVARIANT GEOMETRIES ON $SU(2)$ ARE UNIFORMLY DOUBLING

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ABSTRACT. A classical aspect of Riemannian geometry is the study of estimates that hold uniformly over some class of metrics. The best known examples are eigenvalue bounds under curvature assumptions. In this paper, we study the family of all left-invariant geometries on  $SU(2)$ . We show that left-invariant geometries on  $SU(2)$  are uniformly doubling and give a detailed estimate of the volume of balls that is valid for any of these geometries and any radius. We discuss a number of consequences concerning the spectrum of the associated Laplacians and the corresponding heat kernels.

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## 1. INTRODUCTION

**1.1. A conjecture and the main result.** This work is devoted to the uniform analysis of the family of all left-invariant Riemannian metrics on the Lie group  $SU(2)$ . This is the simplest case of a natural problem we now describe.

Let  $K$  be a connected real compact Lie group, and let  $\mathfrak{L}(K)$  denote the family of all left-invariant Riemannian metrics  $g$  on  $K$ . We conjecture that for each group  $K$ , many aspects of spectral analysis of the corresponding Laplace-Beltrami operator  $\Delta_g$  with  $g \in \mathfrak{L}(K)$ , as well as the analysis of the associated heat equation  $\partial_t - \Delta_g = 0$ , can be controlled *uniformly* over  $\mathfrak{L}(K)$ . Recall that the operator  $-\Delta_g$  has non-negative discrete spectrum with finite multiplicity, and so we can consider the lowest non-zero eigenvalue denoted by  $\lambda_g$ .

It was shown in [34] (see also [28]) that on any compact homogeneous manifold, one has the lower bound

$$(1.1) \quad \lambda_g \geq \frac{\pi^2}{4 \operatorname{diam}_g^2}.$$

We conjecture that a matching upper bound holds uniformly over  $g \in \mathfrak{L}(K)$ , so that

$$(1.2) \quad \lambda_g \leq \frac{C_K}{\operatorname{diam}_g^2}$$

where the constant  $C_K$  may depend on  $K$  but not on  $g$ .

In terms of the heat equation, we conjecture that there are constants  $c_i = c_i(K) \in (0, \infty)$ ,  $i = 1, \dots, 4$  such that the fundamental solution (heat kernel)  $(t, x, y) \mapsto p_t^g(x, y)$  of the heat equation on  $(K, g)$  satisfies

$$(1.3) \quad \frac{c_1}{V_g(\sqrt{t})} \exp(-c_2 d_g(x, y)^2/t) \leq p_t^g(x, y) \leq \frac{c_3}{V_g(\sqrt{t})} \exp(-c_4 d_g(x, y)^2/t).$$

Here  $V_g(r)$  denotes the volume of the ball of radius  $r$  with respect to the Riemannian volume measure  $\mu_g$ ;  $d_g(x, y)$  denotes the Riemannian distance between  $x$  and  $y$ ; and  $\operatorname{diam}_g$  denotes the diameter of  $K$  with respect to  $d_g$ .

One reason to believe that this conjecture might be true is that it can be reduced to a simpler question. Let  $(X, d, \mu)$  be a metric measure space, that is,  $(X, d)$  is a metric space and  $\mu$  is a Borel measure on  $X$ . By  $B_r(x)$  we denote the ball centered at  $x \in X$  of radius  $r > 0$  with respect to the distance  $d$ . The metric measure space  $(X, d, \mu)$  is **volume doubling** if

$$(1.4) \quad D(M, d, \mu) := \sup_{x \in X, r > 0} \frac{\mu(B(x, 2r))}{\mu(B(x, r))} < \infty.$$

The focus of this paper is the particular case where  $(X, d, \mu) = (K, d_g, \mu_g)$  with the **volume doubling constant** denoted by  $D_g := D(K, d_g, \mu_g)$ .

Then, in the context of compact connected Lie groups, the two-sided spectral and heat kernel bounds in (1.2) and (1.3) would follow from the following conjecture.

**Conjecture 1.1.** *Let  $K$  be a connected real compact Lie group. There is a constant  $D(K)$  such that*

$$(1.5) \quad D_g \leq D(K) \text{ for all } g \in \mathfrak{L}(K),$$

that is,  $K$  is uniformly doubling with constant  $D(K)$ .

As an illustration of the significance of this conjecture, the volume doubling constant also appears as the constant in the Poincaré inequality (see Section 8.1):

$$(1.6) \quad \int_{B_g(x,r)} |f - f_{x,r}|^2 d\mu_g \leq 2r^2 D_g \int_{B_g(x,2r)} |\nabla_g f|_g^2 d\mu_g \text{ for all } f \in C^\infty(B_g(x,2r)),$$

where  $f_{x,r} := \int_{B_g(x,r)} f d\mu_g$  denotes the mean of  $f$  over  $B_g(x,r)$ . Hence, the validity of (1.5) implies that the constant in the Poincaré inequality (1.6) is uniform over all metrics in  $\mathfrak{L}(K)$ . Together with known heat kernel estimates due to [21, 46, 51] this shows that the validity of Conjecture 1.1 implies that of the two-sided heat kernel bound (1.3). A simple test function argument shows that (1.5) also implies the spectral gap estimate in terms of the diameter as given in (1.2).

In this article, we prove that Conjecture 1.1 is valid for  $K = \text{SU}(2)$ . Our main result is as follows.

**Theorem 1.2.** *There exists a constant  $D$  such that, for any left-invariant Riemannian metric  $g$  on  $\text{SU}(2)$ , we have  $D_g \leq D$ .*

Since the underlying manifold of  $\text{SU}(2)$  is the 3-sphere  $S^3$ , this theorem provides uniform volume doubling for a large family of Riemannian metrics on  $S^3$ . This holds despite the fact that the geometries  $g \in \mathfrak{L}(\text{SU}(2))$  are not uniformly bounded in other senses; for instance, even after rescaling to constant diameter, there is no universal lower bound for the Ricci curvatures of metrics  $g \in \mathfrak{L}(\text{SU}(2))$  as we discuss in Section 7.

The proof of Theorem 1.2 is based on the following explicit description of the behavior of the volume growth function  $V_g$ . Each  $g \in \mathfrak{L}(\text{SU}(2))$  can be identified with an inner product on  $\mathfrak{su}(2)$ ; let  $0 < a_1 \leq a_2 \leq a_3 < \infty$  denote the square roots of its three eigenvalues, with respect to the standard Euclidean structure on  $\mathfrak{su}(2)$  induced by the negative of the Killing form. We stress that these parameters depend on the metric  $g$ .

**Theorem 1.3.** *There are constants  $b_1, b_2 \in (0, \infty)$  such that for all  $g \in \mathfrak{L}(\text{SU}(2))$ , the function  $V_g$  satisfies*

$$b_1 \leq \frac{V_g(r)}{\overline{V}_g(r)} \leq b_2, \text{ where}$$

$$\overline{V}_g(r) = \begin{cases} r^3 & \text{if } 0 < r \leq a_1 a_2 / a_3, \\ (a_3 / a_1 a_2) r^4 & \text{if } a_1 a_2 / a_3 < r \leq a_1, \\ (a_1 a_3 / a_2) r^2 & \text{if } a_1 < r \leq a_2, \\ a_1 a_2 a_3 & \text{if } a_2 < r < \infty. \end{cases}$$

We note that  $a_1$  can be characterized as the length of the shortest closed geodesic for  $g$ , while  $a_2$  can be replaced in the theorem above by the diameter  $\text{diam}_g(\text{SU}(2))$  because the two are uniformly comparable (this is not entirely obvious, but will be proved in Section 7), and that  $a_3$  is then uniformly comparable to the quantity  $\mu_g(\text{SU}(2)) / a_1 \text{diam}_g$ .

As far as we know, the only other case when Conjecture 1.1 is known to hold is for  $K = \mathbb{T}^n$ , the  $n$ -dimensional torus, for any fixed  $n$ . This can be seen via lifting to the covering group,  $\mathbb{R}^n$ , on which all Euclidean metrics are isomorphic with the same doubling constant  $2^n$ . But doubling passes to quotients. The key argument is given in [23, Lemma 1.1]; see also [18, (5.5), p.20]. Alternatively, this can be seen using curvature as explained in Section 1.2, since every left-invariant metric on a torus is flat and has zero Ricci curvature.

It is important to note that Theorem 1.2 implicitly includes two limit cases. In one case, the metric tends to infinity in one direction, and the manifold approaches a sub-Riemannian manifold, which itself is doubling. If the metric tends to zero in one direction, the 3-dimensional manifold  $SU(2)$  collapses to a 2-dimensional quotient, which is also doubling. Then in some sense, the question becomes whether the doubling constant varies continuously with respect to these limits. One of the difficulties is that both cases must be considered simultaneously.

Our approach for  $SU(2)$  is rather explicit and makes use of its specific structure, with the important benefit of providing a detailed estimate of the volume function as stated in Theorem 1.3. We show that the volume function exhibits different behavior at different scales: Euclidean behavior at very small scales, sub-Riemannian behavior at intermediate scales and “quotient geometry” behavior at relatively large scales, and this is done uniformly over all metrics in  $\mathfrak{L}(K)$ . This allows us to approximate the volume growth function of the metric  $g$  by the simple explicit function  $\overline{V}_g$  which essentially “pieces together” the growth functions of those three spaces. We hope that the study of this special case will open the door to similar results for other compact groups.

**1.2. Curvature, or not.** In geometric analysis, ever since the pioneering work of S.-T. Yau in the 1970s, Ricci curvature has been the tool of choice to prove spectral bounds and other analytic estimates such as various forms of Harnack inequalities and heat kernel estimates, especially if one is interested in statements that are uniform over large families of Riemannian manifolds. In particular, the celebrated Bishop-Gromov volume comparison theorem implies that for any complete Riemannian manifold  $(M, g)$  of dimension at most  $n$  with a non-negative Ricci curvature, the doubling constant  $D(M, d_g, \mu_g)$  is bounded by  $2^n$ , the doubling constant of Euclidean space  $\mathbb{R}^n$ . If the curvature condition is relaxed to a Ricci curvature lower bound, say,  $\text{Ric}_g \geq -\kappa g$ , while keeping the restriction that the dimension is at most  $n$ , one still has a uniform bound on the doubling constant  $D(M, d_g, \mu_g)$  as long as one imposes a fixed upper bound on the diameter  $\text{diam}_g(M)$ . In these contexts, the Poincaré inequality (1.6) is not a direct consequence of the doubling property, but it follows from the dimension and curvature assumptions (and an upper bound on the diameter in the case of  $\text{Ric}_g \geq -\kappa g$ ). In fact, fix an  $\epsilon > 0$  and the dimension  $n$ . For Riemannian manifolds of that fixed dimension, the curvature-diameter assumption

$$\text{Ric}_g \geq -\epsilon \text{diam}_g^{-2} g$$

implies that  $(M, g)$  is doubling and satisfies the Poincaré inequality (1.6) with constant depending only on  $n$  and  $\epsilon$ . Note, however, that this curvature-diameter assumption is not invariant under multiplication of the metric by a positive scalar. See the Bishop-Gromov comparison theorem and the result of P. Buser in [12] and also [51, Section 5.6.3].

In this spirit, Conjecture 1.1 is very much modeled on the non-negative Ricci curvature result described above. Even so, except in the commutative case of the flat tori, it is well known that no uniform Ricci lower bound can hold over the entire family  $\mathfrak{L}(K)$  of left-invariant metric on a group  $K$ . In fact, the very nature of Conjecture 1.1 implies that it not only covers left-invariant Riemannian geometries but also left-invariant sub-Riemannian geometries which can be described, in some rather obvious ways, as limits of left-invariant Riemannian geometries. This is made explicit for SU(2) in Section 9.

Recently there have been interesting attempts to extend curvature techniques in the context of sub-Riemannian geometries e.g. [1, 4, 7, 13, 25]. However, even in the case of left-invariant geometries on SU(2), it seems that these curvature techniques (old and new) do not yield a proof of Theorem 1.2.

Other works have obtained geometric inequalities, including volume doubling and the stronger measure contraction property  $MCP(k, n)$  introduced by [41], that hold uniformly over a one-parameter family of Riemannian geometries approximating a sub-Riemannian geometry [2, 5, 29, 32, 33, 45]. However, these works use very different techniques, and all known results appear to rely on assumptions of horizontal curvature bounds or additional symmetry, such as Sasakian structure. To the best of our knowledge, these assumptions are not satisfied uniformly over all left-invariant sub-Riemannian geometries on SU(2), and thus those results likewise do not imply Theorem 1.2.

## 2. PRELIMINARIES

**2.1. The group  $G = \text{SU}(2)$  and left-invariant metrics on  $G$ .** The compact Lie group SU(2) is the group of  $2 \times 2$  complex matrices which are unitary and have determinant 1. The group identity of SU(2) is the identity matrix  $I$ , which we shall also denote by  $e$  when emphasizing the group structure. The corresponding Lie algebra  $\mathfrak{su}(2)$ , identified with the tangent space  $T_e \text{SU}(2)$ , is the space of  $2 \times 2$  complex matrices which are skew-Hermitian and have trace 0. We note that a left-invariant metric  $g$  on SU(2) is uniquely defined by its action on  $\mathfrak{su}(2)$ , the tangent space at the identity.

Since SU(2) is compact, the Killing form  $B(v, w) = \frac{1}{2} \text{tr}(\text{ad}_v \text{ad}_w)$  is negative definite, and so  $-B$  is an inner product on  $\mathfrak{su}(2)$  which is invariant. It induces a bi-invariant Riemannian metric on SU(2), which we will call the **canonical bi-invariant metric**; it is unique up to scaling because SU(2) is simple [36, Lemma 7.6]. In this canonical metric, SU(2) is isometric to a round sphere.

As SU(2) is compact, by [36, Lemma 7.2] a left-invariant metric  $g$  on SU(2) is bi-invariant if and only if  $\text{ad}_x$  is skew-adjoint with respect to  $g$  for every  $x \in \mathfrak{su}(2)$ . More detail (based mostly on [36]) can be found in [16, Chapter 1.4].

**2.2. Standard Milnor bases.** A key property of SU(2) is that any left-invariant metric  $g$  can be diagonalized by a basis for  $\mathfrak{su}(2)$  for which the structure constants have a very simple form. Such bases were studied by Milnor in [36].

Throughout this section,  $\{i, j, k\}$  will be taken to range over all cyclic permutations of the indices  $\{1, 2, 3\}$ .

**Definition 2.1.** *We shall say that an ordered basis  $\{e_1, e_2, e_3\}$  for  $\mathfrak{su}(2)$  is a **standard Milnor basis** if it satisfies the relations*

$$[e_1, e_2] = e_3, \quad [e_2, e_3] = e_1, \quad [e_3, e_1] = e_2,$$

or for short

$$[e_i, e_j] = e_k.$$

**Example 2.2.** The Pauli matrices

$$(2.1) \quad \widehat{e}_1 = \frac{1}{2} \begin{pmatrix} 0 & -i \\ -i & 0 \end{pmatrix}, \quad \widehat{e}_2 = \frac{1}{2} \begin{pmatrix} 0 & -1 \\ 1 & 0 \end{pmatrix}, \quad \widehat{e}_3 = \frac{1}{2} \begin{pmatrix} -i & 0 \\ 0 & i \end{pmatrix},$$

are a standard Milnor basis.

**Example 2.3.** If  $\{e_1, e_2, e_3\}$  is a standard Milnor basis, then so are

- (1) the cyclic permutations  $\{e_2, e_3, e_1\}$  and  $\{e_3, e_1, e_2\}$ ;
- (2) the ordered basis  $\{-e_1, e_3, e_2\}$ . As such, any permutation of a standard Milnor basis may itself be made into a standard Milnor basis by possibly negating one element;
- (3) the basis

$$(2.2) \quad \{\cos(\theta)e_1 + \sin(\theta)e_2, -\sin(\theta)e_1 + \cos(\theta)e_2, e_3\}, \quad \theta \in \mathbb{R}.$$

*Remark 2.4.* Definition 2.1 is slightly different from a more common notion of Milnor frames, in which one begins with a metric  $g$ , and in addition to the commutation relations one assumes that  $\{e_1, e_2, e_3\}$  are orthogonal with respect to  $g$ .

The next lemma is a consequence of the fact that all Lie algebra automorphisms of  $\mathfrak{su}(2)$  are inner, and therefore the set of all standard Milnor bases for  $\mathfrak{su}(2)$  coincides with the orbit of  $\text{Ad}$  starting at any standard Milnor basis. Note that this is not so for  $\text{SU}(n)$ ,  $n \geq 3$ . As always for a matrix Lie group  $G$  we use the fact that  $\text{Ad}_g X = gXg^{-1}$  for  $g \in G$  and  $X \in \mathfrak{g}$ , the Lie algebra of  $G$ , where on the right we have the products of matrices.

**Lemma 2.5.** *Suppose  $\{e_1, e_2, e_3\}$  is a standard Milnor basis. Then  $\{e'_1, e'_2, e'_3\} \subseteq \mathfrak{su}(2)$  is a standard Milnor basis if and only if there exists  $y \in \text{SU}(2)$  such that  $\text{Ad}_y e_i = ye_i y^{-1} = e'_i$  for  $i = 1, 2, 3$ .*

*Proof.* For any  $y \in \text{SU}(2)$ , the map  $v \mapsto yvy^{-1}$  is a Lie algebra automorphism of  $\mathfrak{su}(2)$ , so it is clear that  $e'_i = ye_i y^{-1}$  produces a standard Milnor basis. Conversely, suppose  $\{e'_1, e'_2, e'_3\}$  is a standard Milnor basis. Since  $\{e_1, e_2, e_3\}$  and  $\{e'_1, e'_2, e'_3\}$  are both bases, there is a unique linear automorphism  $T$  of the vector space  $\mathfrak{su}(2)$  satisfying  $Te_i = e'_i$ ,  $i = 1, 2, 3$ . Then if  $(i, j, k)$  is any cyclic permutation of the indices  $(1, 2, 3)$ , we have

$$[Te_i, Te_j] = [e'_i, e'_j] = e'_k = Te_k = T[e_i, e_j].$$

It follows that  $[Tu, Tv] = T[u, v]$  for any  $u, v \in \{e_1, e_2, e_3\}$ , and by linearity the same holds for any  $u, v \in \mathfrak{su}(2)$ . So  $T$  is a Lie algebra automorphism of  $\mathfrak{su}(2)$ . It is well-known that every Lie algebra automorphism of  $\mathfrak{su}(2)$  is inner (i.e. the outer automorphism group is trivial) as pointed out in [59, Proposition 5.1]. Thus  $T = \text{Ad}_y$  for some  $y \in \text{SU}(2)$ .  $\square$

**Lemma 2.6.** *Suppose  $\{e_1, e_2, e_3\}$  is a basis for  $\mathfrak{su}(2)$  satisfying  $[e_i, e_j] = \lambda_k e_k$  where  $\lambda_i, \lambda_j, \lambda_k \in \{\pm 1\}$ . Then  $\lambda_1 = \lambda_2 = \lambda_3$ . In particular, either  $\{e_1, e_2, e_3\}$  or  $\{-e_1, e_2, e_3\}$  is a standard Milnor basis.*

*Proof.* Let  $B(v, w) = \frac{1}{2} \text{tr}(\text{ad}_v \text{ad}_w)$  be the Killing form of  $\mathfrak{su}(2)$ , which is negative definite since  $\text{SU}(2)$  is compact. Then a simple computation shows  $B(e_i, e_i) = -\lambda_j \lambda_k$ . Since this must be negative for each  $i$ , it follows that  $\lambda_1, \lambda_2, \lambda_3$  are all  $+1$

or all  $-1$ . In the former case,  $\{e_1, e_2, e_3\}$  is already a standard Milnor basis, and in the latter case, it is easy to check that  $\{-e_1, e_2, e_3\}$  is.  $\square$

**Lemma 2.7.** *For any standard Milnor basis  $\{e_1, e_2, e_3\}$ , we have the following identities in the matrix algebra  $M^{2 \times 2}(\mathbb{C})$*

$$(2.3) \quad e_i^2 = -\frac{1}{4}I, \quad e_i e_j = \frac{1}{2}e_k, \quad e_i e_j + e_j e_i = 0,$$

where  $(i, j, k)$  is, as before, any cyclic permutation of the indices  $(1, 2, 3)$  and  $i \neq j$ .

*Proof.* Note that by Lemma 2.5, it is enough to verify identities (2.3) for one standard Milnor basis since  $\text{Ad}_h I = I$  and  $\text{Ad}_h 0 = 0$  for all  $h \in \text{SU}(2)$ . A simple calculation proves the first two identities for Pauli matrices, while the last identity can be shown by appealing to Definition 2.1 and the second identity as follows

$$e_i e_j + e_j e_i = 2e_i e_j - e_k = e_k - e_k = 0.$$

$\square$

### 2.3. Left-invariant Riemannian metrics on SU(2).

**Lemma 2.8.** *Let  $g$  be any left-invariant metric on SU(2). There exists a standard Milnor basis  $\{e_1, e_2, e_3\}$  which is orthogonal in the metric  $g$  and satisfies  $g(e_1, e_1) \leq g(e_2, e_2) \leq g(e_3, e_3)$ .*

*Proof.* Following [36], we define a cross product  $\times$  on the 3-dimensional inner product space  $(\mathfrak{su}(2), g)$ , unique up to a choice of orientation. To see it another way, one can identify  $(\mathfrak{su}(2), g)$  with  $(\mathbb{R}^3, \cdot)$ , uniquely up to a choice of orientation, and pull back the cross product from  $\mathbb{R}^3$ . As shown in [36, Lemma 4.1], there is a unique linear map  $L$  on  $\mathfrak{su}(2)$  satisfying  $L(u \times v) = [u, v]$ , and it is self-adjoint with respect to  $g$ . Let  $\{w_1, w_2, w_3\}$  be a  $g$ -orthonormal basis of eigenvectors for  $L$ , with eigenvalues  $\lambda_1, \lambda_2, \lambda_3$ . Reordering this basis if necessary, we can assume it is positively oriented, so that  $w_i \times w_j = w_k$ . Then

$$[w_i, w_j] = L(w_i \times w_j) = L(w_k) = \lambda_k w_k.$$

Setting  $e_i = |\lambda_j \lambda_k|^{-1/2} w_i$ , we can verify that  $[e_i, e_j] = \pm e_k$  for some choice of signs, and that  $\{e_1, e_2, e_3\}$  is still  $g$ -orthogonal. Finally we can re-index this basis as needed so that  $g(e_1, e_1) \leq g(e_2, e_2) \leq g(e_3, e_3)$ . By Lemma 2.6, either  $\{e_1, e_2, e_3\}$  or  $\{-e_1, e_2, e_3\}$  is the desired standard Milnor basis.  $\square$

**Notation 2.9.** For any left-invariant Riemannian metric  $g$  on SU(2) let  $a_1 \leq a_2 \leq a_3$  be the (ordered) square roots of the eigenvalues of the metric  $g$  with respect to the canonical Euclidean form defined by the negative of the Killing form  $B(v, w) = \frac{1}{2} \text{tr}(\text{ad}_v \text{ad}_w)$ . We call  $a_1, a_2, a_3$  the **parameters associated to the metric  $g$** . For any  $0 < a_1 \leq a_2 \leq a_3 < \infty$ , let  $g_{(a_1, a_2, a_3)}$  denote the unique left-invariant Riemannian metric on SU(2) for which

$$g_{(a_1, a_2, a_3)}(\widehat{e}_i, \widehat{e}_j) = a_i^2 \delta_{ij}, \quad i = 1, 2, 3,$$

where  $\widehat{e}_i$  are the Pauli matrices defined in Example 2.2. Since  $B(e_i, e_j) = -\delta_{ij}$  for any standard Milnor basis, the parameters associated to  $g_{(a_1, a_2, a_3)}$  are indeed  $a_1, a_2, a_3$ . Note that  $g_{(1,1,1)}$  is the canonical bi-invariant metric.

**Corollary 2.10.** *Let  $g$  be any left-invariant metric on SU(2), and let  $a_1, a_2, a_3$  be its parameters. Then  $(\text{SU}(2), g)$  is isometrically isomorphic to  $(\text{SU}(2), g_{(a_1, a_2, a_3)})$ , where  $g_{(a_1, a_2, a_3)}$  is as defined in Notation 2.9.*

*Proof.* Choose a standard Milnor basis  $\{e_1, e_2, e_3\}$  which diagonalizes  $g$  as in Lemma 2.8. Since  $\{e_1, e_2, e_3\}$  is orthonormal with respect to  $-B$ , we have  $g(e_i, e_i) = a_i^2$ . The linear map  $\varphi : \mathfrak{su}(2) \rightarrow \mathfrak{su}(2)$  defined by  $\varphi(e_i) = \widehat{e}_i$  is a Lie algebra automorphism, since both bases have the same structure constants. Since  $SU(2)$  is simply connected,  $\varphi$  induces a Lie group automorphism of  $SU(2)$  whose differential at the identity is  $\varphi$ , which by construction is an isometry of the left-invariant metrics  $g$  and  $g_{(a_1, a_2, a_3)}$ .  $\square$

*Remark 2.11.* By Corollary 2.10, for each left-invariant Riemannian metric with parameters  $(a_1, a_2, a_3)$ , there is a group isomorphism providing an isometry between  $g_{(a_1, a_2, a_3)}$  and that metric. Hence it suffices to consider  $g_{(a_1, a_2, a_3)}$ . In what follows, we abuse notation and use  $\{e_1, e_2, e_3\}$  to denote both a general Milnor basis or the particular Milnor basis formed by the Pauli matrices.

**2.4. Exponential identities.** Recall that we use  $I$  for the identity matrix when we treat it as an element of the matrix space  $M^{2 \times 2}(\mathbb{C})$ . Whenever we want to emphasize the role of  $I$  as the identity in the group  $SU(2)$  we use  $e$ .

**Lemma 2.12.** *For any  $A \in \mathfrak{su}(2)$ , we have*

$$A^2 = -\det(A)I.$$

*Proof.* One can verify this by observing that a general matrix  $A \in \mathfrak{su}(2)$  is of the form  $A = \begin{pmatrix} ai & b+ci \\ -b+ci & -ai \end{pmatrix}$ ,  $a, b, c \in \mathbb{R}$  and computing directly.  $\square$

**Lemma 2.13.** *For  $A \in \mathfrak{su}(2)$ , we have*

$$(2.4) \quad \exp(A) = (\cos \rho)I + \frac{\sin \rho}{\rho}A,$$

where  $\rho^2 = \det A$ .

*Remark 2.14.* First observe that this identity can be used also for  $\rho = 0$ , since then  $A = 0$  and  $\exp(A) = I$ . This can be seen by using any standard Milnor basis and writing  $A = ae_1 + be_2 + ce_3$ ,  $a, b, c \in \mathbb{R}$ . Then  $\rho^2 = \frac{1}{4}(a^2 + b^2 + c^2) = \det A$ . In particular, if  $\rho = 0$ , then  $a = b = c = 0$ .

*Proof.* Consider the expansion  $\exp A = \sum_{n=0}^{\infty} \frac{A^n}{n!}$ . Grouping even and odd terms we can write  $\exp A = \sum_{k=0}^{\infty} \frac{A^{2k}}{(2k)!} + \sum_{k=0}^{\infty} \frac{A^{2k+1}}{(2k+1)!}$ . By Lemma 2.12

$$\begin{aligned} A^{2k} &= (-\rho^2 I)^k = (-1)^k \rho^{2k} I, \\ A^{2k+1} &= (-1)^k \rho^{2k} A = \frac{(-1)^k \rho^{2k+1}}{\rho} A, \end{aligned}$$

so the first sum equals  $(\cos \rho)I$  and the second equals  $\frac{\sin \rho}{\rho}A$ .  $\square$

**Lemma 2.15.** *For any  $x \in SU(2) \setminus \{-I\}$ , we have  $x = \exp(A)$ , where*

$$A = \frac{\rho}{\sin \rho}(x - (\cos \rho)I)$$

and

$$\rho = \arccos\left(\frac{\operatorname{tr} x}{2}\right).$$



*Remark 2.16.* Similarly to Remark 2.14, if  $\rho = 0$ , so that  $x = I$ , we take  $A = 0$  which is consistent with this identity. For  $\rho = \pi$  we have  $x = -I$  and can take  $A = 2\pi e_1$ , for instance.

*Proof.* Let  $A, \rho$  be as given. Since  $\cos \rho = \frac{\text{tr } x}{2}$ , it is apparent that  $\text{tr } A = 0$ . To see that  $A$  is skew-Hermitian, note that since  $x$  is unitary with  $\det x = 1$ , Cayley-Hamilton gives

$$x^* = x^{-1} = -x + (\text{tr } x)I = -x + (2 \cos \rho)I.$$

As such,

$$A + A^* = \frac{\rho}{\sin \rho} (x + x^* - (2 \cos \rho)I) = 0.$$

Hence  $A \in \mathfrak{su}(2)$ .

We now verify that  $\det A = \rho^2$ ; then the result follows immediately from Lemma 2.13. Using Lemma 2.12 and the fact that  $A^* = -A$  we have

$$\det(A)I = A^*A = \frac{\rho^2}{\sin^2 \rho} ((1 + \cos^2 \rho)I - \cos \rho(x + x^*))$$

since  $xx^* = I$ . Taking traces and noting that  $\text{tr } x = \text{tr } x^* = 2 \cos \rho$ , we have

$$2 \det(A) = \frac{\rho^2}{\sin^2 \rho} (2 + 2 \cos^2 \rho - 4 \cos^2 \rho) = 2\rho^2$$

as desired. □

**Lemma 2.17.** *Suppose  $\{e_1, e_2, e_3\}$  is a standard Milnor basis for  $\mathfrak{su}(2)$ . Then*

$$e^{se_1} e^{te_2} e^{-se_1} = \exp(t(\cos s)e_2 + t(\sin s)e_3), s, t \in \mathbb{R}.$$

*Remark 2.18.* The proof given below does not use  $\mathfrak{su}(2)$  specifically, only the commutation relations for the Milnor basis. For  $\mathfrak{su}(2)$  this result can also be shown directly by using Lemma 2.13 on both sides.

*Proof.* Let

$$\begin{aligned} f(s) &:= e^{se_1} e_2 e^{-se_1}, \\ g(s) &:= (\cos s)e_2 + (\sin s)e_3. \end{aligned}$$

Then we see that

$$\begin{aligned} f'(s) &= e^{se_1} [e_1, e_2] e^{-se_1}, \\ f''(s) &= e^{se_1} [e_1, [e_1, e_2]] e^{-se_1} = -e^{se_1} e_2 e^{-se_1} = -f(s); \\ f(0) &= e_2, f'(0) = [e_1, e_2] = e_3; \end{aligned}$$

$$\begin{aligned} g'(s) &= -(\sin s)e_2 + (\cos s)e_3, \\ g''(s) &= -(\cos s)e_2 - (\sin s)e_3 = -g(s); \\ g(0) &= e_2, g'(0) = e_3, \end{aligned}$$

so by uniqueness of the initial value problem for ODEs these two functions coincide, that is,

$$(2.5) \quad e^{se_1} e_2 e^{-se_1} = (\cos s)e_2 + (\sin s)e_3.$$

Finally,

$$\begin{aligned}
e^{se_1} e^{te_2} e^{-se_1} &= \sum_{n=0}^{\infty} \frac{t^n}{n!} e^{se_1} e_2^n e^{-se_1} \\
&= \sum_{n=0}^{\infty} \frac{t^n}{n!} (e^{se_1} e_2 e^{-se_1})^n = \sum_{n=0}^{\infty} \frac{t^n}{n!} ((\cos s) e_2 + (\sin s) e_3)^n \\
&= \exp(t((\cos s) e_2 + (\sin s) e_3)).
\end{aligned}$$

□

*Remark 2.19.* By applying Lemma 2.17 to the standard Milnor basis

$$\{e_1, \cos(\theta)e_2 + \sin(\theta)e_3, -\sin(\theta)e_2 + \cos(\theta)e_3\}$$

for  $\theta \in \mathbb{R}$ , as in (2.2), we obtain the more general identity

$$\begin{aligned}
(2.6) \quad \exp(se_1) \exp(t(\cos(\theta)e_1 + \sin(\theta)e_2)) \exp(-se_1) \\
= \exp(t(\cos(\theta + s)e_2 + \sin(\theta + s)e_3)).
\end{aligned}$$

**Corollary 2.20.** *Let  $\{e_1, e_2, e_3\}$  be a standard Milnor basis, and  $A = (t \cos s) e_2 + (t \sin s) e_3$ . Letting  $\rho^2 = \det A$  as in Lemma 2.13, for such  $A$  we have*

$$\rho = \frac{t}{2}$$

as noted in Remark 2.14. Then by Lemma 2.13

$$\begin{aligned}
(2.7) \quad e^{se_1} e^{te_2} e^{-se_1} &= \exp A = \cos \rho I + \frac{\sin \rho}{\rho} A \\
&= \left( \cos \frac{t}{2} \right) I + 2 \left( \sin \frac{t}{2} \cos s \right) e_2 + 2 \left( \sin \frac{t}{2} \sin s \right) e_3.
\end{aligned}$$

**2.5. The volume function.** In what follows we take  $0 < a_1 \leq a_2 \leq a_3 < \infty$ . Recall that by Corollary 2.10 it is enough to consider the left-invariant Riemannian metric  $g_{(a_1, a_2, a_3)}$  on  $SU(2)$  defined in Notation 2.9.

**Notation 2.21.** For the metric  $g_{(a_1, a_2, a_3)}$  we denote by  $d_{(a_1, a_2, a_3)}$  the corresponding Riemannian distance; by  $B_{(a_1, a_2, a_3)}(x, r)$  we denote the open ball in the distance  $d_{(a_1, a_2, a_3)}$  centered at  $x$  of radius  $r$ ; by  $\mu_{(a_1, a_2, a_3)}$  we denote the Riemannian volume measure corresponding to  $g_{(a_1, a_2, a_3)}$ .

**Notation 2.22.** By  $\mu_0$  we denote the bi-invariant Haar probability measure on  $SU(2)$ .

Then the Riemannian volume measure  $\mu_{(a_1, a_2, a_3)}$  is a constant multiple of  $\mu_0$ . Specifically, we have  $\mu_{(a_1, a_2, a_3)} = (16\pi^2 a_1 a_2 a_3) \mu_0$ . The constant can be found by observing that in the bi-invariant metric  $g_{(1, 1, 1)}$ , the group  $SU(2)$  is a round sphere whose circumference is  $4\pi$  as follows, for instance, from Lemma 2.13.

**Notation 2.23.** Let  $V_{(a_1, a_2, a_3)}(r) = \mu_0(B_{(a_1, a_2, a_3)}(e, r))$  be the volume with respect to the measure  $\mu_0$  of the ball in the metric  $g_{(a_1, a_2, a_3)}$ .

Note that this is different from our previous notation  $V_g$  used in Section 1.1, since we are using the probability measure  $\mu_0$  instead of the Riemannian volume measure  $\mu_{(a_1, a_2, a_3)}$ . But this only makes a difference of a factor of  $(16\pi^2 a_1 a_2 a_3)^{-1}$ , which for the purposes of studying volume doubling is irrelevant; and it is slightly more convenient for our purposes.

*Remark 2.24.* For any  $c > 0$ , we have the scaling

$$d_{(ca_1, ca_2, ca_3)}(x, y) = cd_{(a_1, a_2, a_3)}(x, y),$$

and so  $B_{(ca_1, ca_2, ca_3)}(x, r) = B_{(a_1, a_2, a_3)}(x, r/c)$ . As such,  $g_{(a_1, a_2, a_3)}$  and  $g_{(ca_1, ca_2, ca_3)}$  have the same volume doubling constant. So for our purposes, we can suppose without loss of generality that  $a_2 = 1$ . We show in Proposition 7.1 that  $a_2$  is comparable to the diameter of  $g_{(a_1, a_2, a_3)}$ , so the effect of this is rescaling of the metric to a roughly constant diameter. The results in the remainder of the paper are written for general  $a_2$ , but in the proofs we generally work only with the case  $a_2 = 1$ .

**Notation 2.25.** Let  $\Phi, \Psi : \mathbb{R}^3 \rightarrow \text{SU}(2)$  be, respectively, the coordinates of the first and second kind (used in [39]), defined by

$$\begin{aligned} \Phi(x_1, x_2, x_3) &= \exp(x_1 e_1 + x_2 e_2 + x_3 e_3), \\ \Psi(y_1, y_2, y_3) &= \exp(y_1 e_1) \exp(y_2 e_2) \exp(y_3 e_3). \end{aligned}$$

We note that  $\Phi, \Psi$  are both smooth maps, and that their differentials are isomorphisms at  $(0, 0, 0)$ .

**Notation 2.26.** Suppose  $U \subset \mathbb{R}^3$  is open and  $F : U \rightarrow \text{SU}(2)$  is a diffeomorphism onto its image. When we speak of the Jacobian  $J : U \rightarrow (0, \infty)$  of  $F$ , we mean the normalization such that  $\mu_0(F(K)) = \int_K J dm$  for measurable  $K \subset U$ . Here  $m$  is the Lebesgue measure on  $\mathbb{R}^3$ .

*Remark 2.27.* Let  $\Phi, \Psi : \mathbb{R}^3 \rightarrow \text{SU}(2)$  be coordinates of the first and second kind introduced in Notation 2.25. Since both  $d\Phi(0, 0, 0)$  and  $d\Psi(0, 0, 0)$  are nonsingular, then by the inverse function theorem, on some small box  $(-\eta, \eta)^3$ , both  $\Phi$  and  $\Psi$  are diffeomorphisms onto their images. In particular, taking  $\eta$  smaller if needed, their Jacobian determinants (with the normalization defined in Notation 2.26) are bounded away from 0 on  $[-\eta, \eta]^3$ . Therefore there is some universal constant  $c$  such that for any measurable  $K \subset (-\eta, \eta)^3$  we have

$$(2.8) \quad \mu_0(\Phi(K)) \geq cm(K), \quad \mu_0(\Psi(K)) \geq cm(K),$$

where  $m$  is the Lebesgue measure on  $\mathbb{R}^3$  as before.

### 3. EUCLIDEAN REGIME

At sufficiently small scales, the Riemannian manifold  $(\text{SU}(2), g_{(a_1, a_2, a_3)})$  (with  $0 < a_1 \leq a_2 \leq a_3 < \infty$ ) looks like Euclidean space, so we expect the volume of a ball of radius  $r$  to scale like  $r^3$ . We need to determine, in terms of  $a_1, a_2, a_3$ , how small the scale has to be to ensure this happens with a uniform constant.

**Proposition 3.1.** *There are constants  $c, C$  such that, uniformly in  $a_1 \leq a_2 \leq a_3$ , we have*

$$(3.1) \quad c(a_1 a_2 a_3)^{-1} r^3 \leq V_{(a_1, a_2, a_3)}(r) \leq C(a_1 a_2 a_3)^{-1} r^3 \quad \text{for } 0 \leq r \leq a_1 a_2 / a_3.$$

An upper bound can be obtained from the form of the Bishop–Gromov comparison theorem, and a direct computation of the Ricci curvature of  $g_{(a_1, a_2, a_3)}$ .

**Lemma 3.2.** *Let  $(M, g)$  be a 3-dimensional complete Riemannian manifold with  $\text{Ric}_g \geq -\kappa g$ . Then for any  $0 < s \leq r < \infty$  we have*

$$\frac{V_g(r)}{V_g(s)} \leq \left(\frac{r}{s}\right)^3 e^{\sqrt{2\kappa}r}.$$

*Proof.* By the Bishop–Gromov comparison theorem (see [19, Corollary 5.6] or [42, Lemma 36]), we have

$$(3.2) \quad \frac{V_g(r)}{V_g(s)} \leq \frac{V_\kappa(r)}{V_\kappa(s)},$$

where  $V_\kappa(r)$  is the volume of a ball of radius  $r$  in the 3-dimensional hyperbolic space of constant sectional curvature  $-\kappa/2$  (which has constant Ricci curvature  $-\kappa$ ). The volume  $V_\kappa(r)$  is given by [58]

$$V_\kappa(r) = \pi(\kappa/2)^{-3/2} \left( \sinh(\sqrt{2\kappa}r) - \sqrt{2\kappa}r \right)$$

and the desired result follows by observing that

$$\frac{x^3}{6} \leq \sinh(x) - x \leq \frac{x^3 e^x}{6}, \quad x \geq 0$$

which can be seen, for instance, by inspecting the Taylor series.  $\square$

*Proof of Proposition 3.1.* It is enough to bound the Ricci tensor of the metric  $g_{(a_1, a_2, a_3)}$ . In the basis  $\{e_1, e_2, e_3\}$ , Ric is diagonal, and we find

$$\text{Ric}(e_i, e_i) = \frac{(a_i^4 - (a_j^2 - a_k^2)^2)}{2(a_j a_k)^2},$$

where  $(i, j, k)$  is any permutation of  $(1, 2, 3)$  (note that the expression is symmetric in  $a_j$  and  $a_k$ , so it is not necessary to restrict to positive permutations). Now we need to find the smallest of the ratios

$$\frac{\text{Ric}(e_i, e_i)}{g(e_i, e_i)} = \frac{(a_i^4 - (a_j^2 - a_k^2)^2)}{2(a_i a_j a_k)^2}.$$

Recall that  $a_1 \leq a_2 \leq a_3$ , and therefore  $|a_j^2 - a_k^2| \leq a_3^2$ , and so we have  $a_i^4 - (a_j^2 - a_k^2)^2 \geq -a_3^4$ . This yields the bound

$$(3.3) \quad \frac{\text{Ric}(e_i, e_i)}{g(e_i, e_i)} \geq -\frac{a_3^4}{2(a_i a_j a_k)^2} = -\frac{1}{2} \left( \frac{a_3}{a_1 a_2} \right)^2$$

which is sharp when  $i = 3$  and  $a_1 = a_2$ . Let us denote by  $\kappa := \frac{1}{2} \left( \frac{a_3}{a_1 a_2} \right)^2$  the quantity on the right side of (3.3). If  $r \leq \frac{a_1 a_2}{a_3}$ , then we have  $\sqrt{2\kappa}r \leq 1$ , and Lemma 3.2 gives

$$(3.4) \quad V_g(r) \leq e r^3 s^{-3} V_g(s), \quad 0 < s \leq r \leq \frac{a_1 a_2}{a_3}.$$

Letting  $s \rightarrow 0$ , we have  $V_g(s) \sim \frac{4}{3}\pi s^3$  (since a Riemannian manifold is locally Euclidean), so that (3.4) reads  $V_g \leq C r^3$  where  $C = \frac{4}{3}\pi e$ . Rewriting this in terms of  $V_{(a_1, a_2, a_3)}$  using Notation 2.23, we have the upper bound

$$V_{(a_1, a_2, a_3)}(r) \leq C(a_1 a_2 a_3)^{-1} r^3, \quad 0 \leq r \leq \frac{a_1 a_2}{a_3}$$

absorbing  $1/16\pi^2$  into the constant  $C$ .

Now we turn to the lower bound. Let  $\Psi : \mathbb{R}^3 \rightarrow \text{SU}(2)$  be coordinates of the second kind introduced in Notation 2.25. By Remark 2.27, there exist  $\eta > 0$  and a constant  $c$  such that for any measurable  $K \subset (-\eta, \eta)^3$  we have  $\mu_0(\Psi(K)) \geq cm(K)$ ,

where  $m$  is the Lebesgue measure on  $\mathbb{R}^3$ . Suppose that  $t \leq \eta a_1$  and consider the box

$$K_t = \left[ -\frac{t}{a_1}, \frac{t}{a_1} \right] \times \left[ -\frac{t}{a_2}, \frac{t}{a_2} \right] \times \left[ -\frac{t}{a_3}, \frac{t}{a_3} \right] \subset [-\eta, \eta]^3.$$

On the one hand, we have  $\mu_0(\Psi(K_t)) \geq cm(K_t) = 8c(a_1 a_2 a_3)^{-1} t^3$ . On the other hand, for any  $(x, y, z) \in K_t$ , we have

$$d_{(a_1, a_2, a_3)}(e, \Psi(x, y, z)) \leq a_1|x| + a_2|y| + a_3|z| \leq 3t.$$

That is,  $\Psi(K_t) \subset B_{(a_1, a_2, a_3)}(3t)$ , so we have

$$V_{(a_1, a_2, a_3)}(3t) = \mu_0(B_{(a_1, a_2, a_3)}(3t)) \geq \mu_0(\Psi(K_t)) \geq 8c(a_1 a_2 a_3)^{-1} t^3$$

or, letting  $r = 3t$ ,

$$(3.5) \quad V_{(a_1, a_2, a_3)}(r) \geq c'(a_1 a_2 a_3)^{-1} r^3, \quad 0 \leq r \leq \frac{\eta}{3} a_1,$$

where  $c' = \frac{8}{27}c$ . To complete the proof for all  $0 \leq r \leq a_1$ , note that for any  $\frac{\eta}{3} a_1 \leq r \leq a_1$  we have by the monotonicity of  $V$  that

$$V_{(a_1, a_2, a_3)}(r) \geq V_{(a_1, a_2, a_3)}\left(\frac{\eta}{3} a_1\right) \geq c' \frac{\eta^3}{27} \frac{a_1^2}{a_2 a_3} \geq c' \frac{\eta^3}{27} (a_1 a_2 a_3)^{-1} r^3$$

so taking  $c'' = \min\{1, \frac{\eta^3}{27}\} c'$  we have the desired

$$(3.6) \quad V_{(a_1, a_2, a_3)}(r) \geq c''(a_1 a_2 a_3)^{-1} r^3, \quad 0 \leq r \leq a_1$$

and in particular for  $0 \leq r \leq \frac{a_1 a_2}{a_3}$ , since  $a_2 \leq a_3$ .  $\square$

#### 4. HEISENBERG REGIME

For  $r \geq a_1 a_2 / a_3$ , the Euclidean behavior breaks down. The growth of a ball in the  $e_3$  direction is now affected by the relation  $[e_1, e_2] = e_3$ ; paths can make more efficient progress in the  $e_3$  direction by making a loop in the  $e_1$  and  $e_2$  directions. This is well approximated by the sub-Riemannian geometry of the 3-dimensional Heisenberg group, in which one cannot move tangent to the vertical direction  $e_3$  at all. The sub-Riemannian Heisenberg group has Hausdorff dimension 4, which accounts for the  $r^4$  volume scaling that appears in this regime.

**Lemma 4.1.** *Define  $H : \mathbb{R}^2 \rightarrow \text{SU}(2)$  by*

$$(4.1) \quad H(u, v) = \exp(-ue_1) \exp(-ve_2) \exp(ue_1) \exp(ve_2).$$

*Then in some neighborhood  $U$  of  $(0, 0)$  in  $\mathbb{R}^2$  we can write*

$$(4.2) \quad H(u, v) = \exp(uvh(u, v))$$

*where  $h : \mathbb{R}^2 \rightarrow \mathfrak{su}(2)$  is  $C^\infty$  and  $h(0, 0) = e_3$ .*

*Proof.* We give two different arguments. Applying the Campbell–Baker–Dynkin–Hausdorff formula gives a power series for  $\log H(u, v)$ , convergent in a neighborhood  $U$  of  $(0, 0)$ . The first-order terms in  $u, v$  cancel out, while the second-order term is  $uve_3$ . Each higher-order term consists of a combinatorial coefficient multiplied by some iterated Lie bracket of the vectors  $ue_1$  and  $ve_2$ . In any term that does not vanish, the innermost bracket must be of the form  $\pm[ue_1, ve_2] = \pm uve_3$ ; so such an iterated bracket must equal  $\pm u^a v^b e_i$  with  $a, b \geq 1$ . Thus we can factor out  $uv$  from every term of this power series, writing  $\log H(u, v) = uvh(u, v)$  where  $h$  is given by a convergent power series and thus is real analytic in  $U$ .

Alternatively, one can give a more direct proof by using (2.7), (2.4), (2.3) and the double angle formula to write

$$(4.3) \quad \begin{aligned} H(u, v) &= \frac{1}{2} ((1 + \cos u) + \cos v (1 - \cos u)) I - ((1 - \cos v) \sin u) e_1 \\ &\quad + \sin v (1 - \cos u) e_2 + (\sin v \sin u) e_3. \end{aligned}$$

Then by using Lemma 2.15, one obtains a formula for  $\log(H(u, v))$ . It can then be seen by inspection that  $h(u, v) = \log(H(u, v))/(uv)$  has a removable singularity at  $(0, 0)$ , where the limit equals  $e_3$ .  $\square$

**Lemma 4.2.** *Define  $F : \mathbb{R}^4 \rightarrow \text{SU}(2)$  by*

$$F(s_1, s_2, s_3, \delta) = \exp(s_1 e_1) \exp(s_2 e_2) H\left(\text{sgn}(s_3) \sqrt{|s_3|}, \delta \sqrt{|s_3|}\right).$$

*Then there is a neighborhood  $V$  of  $(0, 0, 0) \in \mathbb{R}^3$  such that on  $V \times [0, 1]$ , the partial derivatives of  $F$  with respect to  $s_1, s_2, s_3$  exist and are jointly continuous, and we have*

$$\partial_{s_1} F(0, 0, 0, \delta) = e_1, \quad \partial_{s_2} F(0, 0, 0, \delta) = e_2, \quad \partial_{s_3} F(0, 0, 0, \delta) = \delta e_3.$$

*Moreover, there is a jointly continuous  $f : V \times [0, 1] \rightarrow T\text{SU}(2)$  such that*

$$\partial_{s_3} F(s_1, s_2, s_3, \delta) = \delta f(s_1, s_2, s_3, \delta)$$

*and  $f(0, 0, 0, \delta) = e_3$ .*

*Proof.* Observe that  $s \mapsto \text{sgn}(s) \sqrt{|s|}$  is continuous on  $\mathbb{R}$ , and  $H$  is smooth, with  $H(0, 0) = I$ . Thus the desired statements about  $\partial_{s_1} F, \partial_{s_2} F$  are clear.

For convenience, let  $G(s, \delta) = H\left(\text{sgn}(s) \sqrt{|s|}, \delta \sqrt{|s|}\right)$ , so that  $F(s_1, s_2, s_3, \delta) = \exp(s_1 e_1) \exp(s_2 e_2) G(s_3, \delta)$ . Let us write  $H(u, v) = \exp(uv h(u, v))$  as in the previous lemma. Then for  $s$  in some interval  $(-\epsilon, \epsilon)$  we can write

$$G(s, \delta) = \exp(\delta k(s, \delta))$$

where

$$k(s, \delta) = s \cdot h\left(\text{sgn}(s) \sqrt{|s|}, \delta \sqrt{|s|}\right).$$

For  $s \neq 0$ , we compute

$$\begin{aligned} \partial_s k(s, \delta) &= h\left(\text{sgn}(s) \sqrt{|s|}, \delta \sqrt{|s|}\right) \\ &\quad + \frac{1}{2} \text{sgn}(s) \sqrt{|s|} \partial_u h\left(\text{sgn}(s) \sqrt{|s|}, \delta \sqrt{|s|}\right) \\ &\quad + \frac{\delta}{2} \sqrt{|s|} \partial_v h\left(\text{sgn}(s) \sqrt{|s|}, \delta \sqrt{|s|}\right). \end{aligned}$$

As  $s \rightarrow 0$ , the right side approaches  $h(0, 0) = e_3$ , uniformly in  $\delta \in [0, 1]$ . Since  $k$  is continuous, it follows (by L'Hôpital's rule) that  $\partial_s k(0, \delta)$  exists and equals  $e_3$ ; moreover,  $\partial_s k$  is jointly continuous on  $(-\epsilon, \epsilon) \times [0, 1]$ .

Now from the chain rule, since  $\exp$  is smooth, we conclude that  $\partial_s G(s, \delta)$  exists on  $(-\epsilon, \epsilon) \times [0, 1]$  and is given by

$$\partial_s G(s, \delta) = d \exp_{\delta k(s, \delta)} [\partial_s [\delta k(s, \delta)]] = \delta \cdot d \exp_{\delta k(s, \delta)} [\partial_s k(s, \delta)]$$

where  $d \exp_{\delta k(s, \delta)} [\partial_s k(s, \delta)]$  is a jointly continuous function of  $s$  and  $\delta$ . It is also clear from this that  $\partial_s G(0, \delta) = \delta e_3$ . The desired statements about  $\partial_{s_3} F$  follow.  $\square$

**Lemma 4.3.** For  $\delta \in [0, 1]$ , consider  $F^\delta = F(\cdot, \cdot, \cdot, \delta)$  as a map from  $\mathbb{R}^3$  to  $SU(2)$ . Let  $J^\delta$  be its Jacobian determinant as in Notation 2.26. Then there is a neighborhood  $W$  of  $(0, 0, 0) \in \mathbb{R}^3$  and a constant  $c > 0$ , independent of  $\delta$ , such that  $J^\delta \geq c\delta$  on  $W$ . In particular, for any measurable  $K \subset W$ , we have  $\mu_0(F^\delta(K)) \geq c\delta m(K)$ .

*Proof.* Let  $\omega$  be the Riemannian volume form on  $SU(2)$  associated to the bi-invariant metric  $g_{(1,1,1)}$ . Then we have

$$J^\delta = \frac{1}{16\pi^2} \omega(\partial_{s_1} F^\delta, \partial_{s_2} F^\delta, \partial_{s_3} F^\delta).$$

If we set

$$j(s_1, s_2, s_3, \delta) = \omega(\partial_{s_1} F^\delta(s_1, s_2, s_3), \partial_{s_2} F^\delta(s_1, s_2, s_3), f(s_1, s_2, s_3, \delta))$$

where  $f$  is as in Lemma 4.2, then  $J^\delta = \frac{\delta}{16\pi^2} j$ . Moreover,  $j$  is jointly continuous on  $V \times [0, 1]$ , and we have  $j(0, 0, 0, \delta) = \omega(e_1, e_2, e_3) = 1$  for all  $\delta$ . As such, by continuity and the compactness of  $[0, 1]$ , there is a neighborhood  $W \subset V$  of  $(0, 0, 0) \in \mathbb{R}^3$  such that  $j \geq \frac{1}{2}$  on  $W \times [0, 1]$ , which implies  $J \geq \frac{1}{32\pi^2} \delta$ .  $\square$

**Proposition 4.4** (Heisenberg type lower bound). *There is a constant  $c$  such that, uniformly in  $a_1 \leq a_2 \leq a_3$ ,*

$$V_{(a_1, a_2, a_3)}(r) \geq c(a_1 a_2)^{-2} r^4 \quad \text{for } 0 \leq r \leq a_1.$$

Note that for  $r \simeq a_1 a_2 / a_3$  this lower bound matches the result provided by Proposition 3.1.

*Proof.* Since the right side is consistent with the scaling described in Remark 2.24, we suppose without loss of generality that  $a_2 = 1$ .

Let  $F^\delta$  be as in Lemma 4.2 and  $W$  as in Lemma 4.3. Choose  $\eta > 0$  so small that  $[-\eta, \eta]^3 \subset W$ . We note that

$$d_{(a_1, 1, a_3)}(e, F^\delta(s_1, s_2, s_3)) \leq s_1 a_1 + s_2 + 2a_1 \sqrt{|s_3|} + 2\delta \sqrt{|s_3|}.$$

Now let us take  $\delta = a_1 \in [0, 1]$ , so that this becomes

$$d_{(a_1, 1, a_3)}(e, F^\delta(s_1, s_2, s_3)) \leq s_1 a_1 + s_2 + 4a_1 \sqrt{|s_3|}.$$

Suppose  $r \leq a_1 \eta \leq \eta$  and let

$$K_r = \left[ -\frac{r}{a_1}, \frac{r}{a_1} \right] \times \left[ -r, r \right] \times \left[ -\frac{r^2}{a_1^2}, \frac{r^2}{a_1^2} \right]$$

so that  $K_r \subset [-\eta, \eta]^3 \subset W$ . We then have  $m(K_r) = 8a_1^{-3} r^4$  and  $F^{a_1}(K_r) \subset B_{(a_1, 1, a_3)}(6r)$ . By Lemma 4.3, we have

$$V_{(a_1, 1, a_3)}(6r) = \mu_0(B_{(a_1, 1, a_3)}(6r)) \geq \mu_0(F^{a_1}(K_r)) \geq ca_1 m(K_r) = 8ca_1^{-2} r^4.$$

or

$$V_{(a_1, 1, a_3)}(r) \geq c' a_1^{-2} r^4, \quad 0 \leq r \leq 6\eta a_1$$

where  $c' = 8c/6^4$ . If it happens that  $6\eta \geq 1$  then we are finished; if not, we can drop the  $6\eta$  in the upper limit on  $r$  as in the proof of Proposition 3.1, replacing  $c'$  by  $(6\eta)^4 c'$ .  $\square$

**Proposition 4.5** (Heisenberg type upper bound). *There exists  $\eta \in (0, 1)$  and a constant  $C < \infty$  such that, uniformly in  $a_1 \leq a_2 \leq a_3$ ,*

$$V_{(a_1, a_2, a_3)}(r) \leq C \left( (a_1 a_2 a_3)^{-1} r^3 + (a_1 a_2)^{-2} r^4 \right) \quad \text{for } 0 \leq r \leq \eta a_1.$$

In particular, we have

$$V_{(a_1, a_2, a_3)}(r) \leq 2C (a_1 a_2)^{-2} r^4 \quad \text{for } a_1 a_2 / a_3 \leq r \leq \eta a_1.$$

*Proof.* Again, we assume  $a_2 = 1$ . Suppose  $r \leq \eta a_1$ , where  $\eta$  is to be chosen later, and let  $g \in B_{(a_1, 1, a_3)}(r)$ . This means that there is a smooth path  $\gamma : [0, 1] \rightarrow \text{SU}(2)$  with  $\gamma(0) = e$ ,  $\gamma(1) = g$ , and length  $\ell_{(a_1, 1, a_3)}[\gamma] < r$ . Reparametrizing  $\gamma$  by constant speed (with respect to  $g_{(a_1, 1, a_3)}$ ), we can write  $\dot{\gamma}(t) = \sum_{i=1}^3 \lambda_i(t) \tilde{e}_i(\gamma(t))$ , where  $\tilde{e}_i$  is the left-invariant vector field which equals  $e_i$  at the identity, and  $\sum_{i=1}^3 |a_i \lambda_i(t)|^2 \leq r^2$  for all  $t \in [0, 1]$ . In particular,  $|\lambda_i(t)| \leq r/a_i$ .

We now invoke a result of R. Strichartz [52] which extends the Baker–Campbell–Hausdorff–Dynkin formula by giving an exact expression for the exponential coordinates of  $g$  in terms of  $\lambda_i$ . The Strichartz (or Chen–Strichartz) formula says that  $g = \exp z$ , where

$$(4.4) \quad z = \sum_{n=1}^{\infty} \sum_{I \in \{1, 2, 3\}^n} \left( \sum_{\sigma \in S_n} \left( \frac{(-1)^{e(\sigma)}}{n^2 \binom{n-1}{e(\sigma)}} \right) \int_{\Delta^n} \prod_{m=1}^n \lambda_{i_m}(s_{\sigma(m)}) ds \right) e_I \in \mathfrak{su}(2).$$

Here  $I = (i_1, \dots, i_n)$ , and  $e_I$  is the  $n$ -fold iterated bracket

$$e_I = [\dots [e_{i_1}, e_{i_2}], \dots], e_{i_n}].$$

Note that since  $\{e_i\}$  is a standard Milnor basis, each  $e_I$  equals either 0 or some  $\pm e_k$ .  $S_n$  is the set of permutations of  $\{1, \dots, n\}$ , and following Strichartz’s notation,  $e(\sigma) = |\{m < n : \sigma(m+1) < \sigma(m)\}|$  denotes the number of “errors” (also called “descents”) of the permutation  $\sigma$ ; for our purposes, we need only note that  $e(\sigma)$  is an integer between 0 and  $n-1$ . Finally,  $\Delta^n \subset [0, 1]^n$  is the standard  $n$ -simplex  $\{0 \leq s_1 \leq \dots \leq s_n \leq 1\}$ , whose volume is  $1/n!$ .

Let us write  $z = \sum_{i=1}^3 z_i e_i$ . We shall bound each of the  $|z_i|$ , which will show that  $g$  is contained in the image under the coordinates  $\Phi$  (see Notation 2.25) of some box in  $\mathbb{R}^3$  of bounded size. This fact, combined with Remark 2.27 on the Jacobian determinant of  $\Phi$ , will give us an upper volume estimate for  $B_{(a_1, 1, a_3)}(r)$ .

We begin with  $z_1$ ; the analysis of  $z_2, z_3$  will be similar. Let  $\zeta_{i,n}$  be the coefficient of  $e_i$  in the  $n$  term of the sum in (4.4), so that  $z_1 = \sum_{n=1}^{\infty} \zeta_{1,n}$ . We must consider which values of  $I$  give  $e_I = \pm e_1$ . For  $n=1$  we have only  $I = (1)$ , and for  $n=2$  we have  $I = (2, 3)$  and  $I = (3, 2)$ . So we have

$$\begin{aligned} \zeta_{1,1} &= \int_0^1 \lambda_1(s) ds \\ \zeta_{1,2} &= \frac{1}{4} \int_{0 \leq s_1 \leq s_2 \leq 1} (\lambda_2(s_1) \lambda_3(s_2) - \lambda_3(s_1) \lambda_2(s_2)) ds_1 ds_2. \end{aligned}$$

This trivially gives

$$(4.5) \quad |\zeta_{1,1}| \leq \frac{r}{a_1}, \quad |\zeta_{1,2}| \leq \frac{1}{4} \frac{r^2}{a_3}.$$

For  $n \geq 3$ , in order to have  $e_I = \pm e_1$  we note that  $i_1, i_2$  cannot both equal 1 (else  $e_I = 0$ ), and  $i_n$  cannot equal 1 either (since  $[e_k, e_1] \neq \pm e_1$  for any  $k = 1, 2, 3$ ). So at least two of the  $i_m$  are different from 1, meaning that the corresponding  $\lambda_{i_m}$



are bounded by  $r$ . Since  $|\lambda_i| \leq r/a_i$  and  $a_1 \leq a_2 = 1 \leq a_3$ , the remaining  $\lambda_{i_m}$  are bounded by  $r/a_1$ , and we conclude that  $|\prod_{m=1}^n \lambda_{i_m}(s_{\sigma(m)})| \leq r^n/a_1^{n-2}$ .

Now to estimate the value of the parenthesized sum over  $\sigma \in S_n$  in (4.4), we note that  $\Delta^n$  has a volume of  $1/n!$ , that  $|S_n| = n!$ , and that the combinatorial coefficient is at most 1. So this sum is bounded by  $r^n/a_1^{n-2}$  as well. Finally, the total number of  $I \in \{1, 2, 3\}^n$  is  $3^n$ , even though most of these do not yield  $e_I = \pm e_1$ . So we conclude

$$(4.6) \quad |\zeta_{1,n}| \leq 3^n \frac{r^n}{a_1^{n-2}} = 9r^2 \left(3 \frac{r}{a_1}\right)^{n-2}, \quad n \geq 3.$$

By taking, say,  $\eta < \frac{1}{6}$ , so that  $3 \frac{r}{a_1} < \frac{1}{2}$ , we can conclude

$$(4.7) \quad \sum_{n=3}^{\infty} |\zeta_{1,n}| < 9r^2 \sum_{n=3}^{\infty} \left(\frac{1}{2}\right)^{n-2} = 9r^2.$$

Combining (4.5) and (4.7), we see that  $\frac{r}{a_1}$  dominates, and we have

$$(4.8) \quad |z_1| \leq \sum_{n=1}^{\infty} |\zeta_{1,n}| \leq c \frac{r}{a_1}$$

for some universal constant  $c$  ( $c = 11$  would do).

By similar arguments, we can obtain

$$(4.9) \quad |\zeta_{2,1}| \leq r, \quad |\zeta_{2,2}| \leq \frac{1}{4} \frac{r^2}{a_1 a_3}.$$

Since  $\frac{r}{a_1} \leq \eta \leq 1$  and  $a_3 \geq 1$ , both terms are dominated by  $r$ . To estimate  $\zeta_{2,n}$  for  $n \geq 3$ , we use the cruder fact that in order to get  $e_I \neq 0$ , we must have either  $i_1$  or  $i_2$  different from 1. This leads to the estimate

$$|\zeta_{2,n}| \leq 3^n \frac{r^n}{a_1^{n-1}} = 9 \frac{r^2}{a_1} \left(3 \frac{r}{a_1}\right)^{n-2}$$

and thus, still with  $\eta < \frac{1}{6}$ ,

$$\sum_{n=3}^{\infty} |\zeta_{2,n}| < 9 \frac{r^2}{a_1}$$

which again is dominated by  $r$ . So we have shown

$$(4.10) \quad |z_2| \leq cr$$

increasing the value of the universal constant  $c$  as needed.

For  $z_3$ , we obtain

$$|\zeta_{3,1}| \leq \frac{r}{a_3}, \quad |\zeta_{3,2}| \leq \frac{1}{4} \frac{r^2}{a_1}$$

and as before

$$\sum_{n=3}^{\infty} |\zeta_{3,n}| < 9 \frac{r^2}{a_1}.$$

We conclude

$$(4.11) \quad |z_3| \leq c \left( \frac{r}{a_3} + \frac{r^2}{a_1} \right),$$

where the first term dominates when  $r \ll a_1/a_3$ .

As such, if we let

$$K_r = \left[ -c \frac{r}{a_1}, c \frac{r}{a_1} \right] \times \left[ -cr, cr \right] \times \left[ -c \left( \frac{r}{a_3} + \frac{r^2}{a_1} \right), c \left( \frac{r}{a_3} + \frac{r^2}{a_1} \right) \right]$$

so that in particular we have  $K_r \subset [-c\eta, c\eta]^3$ , we have that  $B_{(a_1, 1, a_3)} \subset \Phi(K_r)$ . Letting  $M$  be the maximum of the Jacobian determinant of  $\Phi$  over  $[-c\eta, c\eta]^3$ , we have

$$V_{(a_1, 1, a_3)}(r) \leq Mm(K_r) = 8Mc^3 \left( \frac{r^3}{a_1 a_3} + \frac{r^4}{a_1^2} \right)$$

which is the desired bound.  $\square$

## 5. AFTER HEISENBERG

When  $r$  exceeds  $a_1$ , the global geometry of  $SU(2)$  becomes important. Our “budget”  $r$  is now large enough to let us travel all the way around the sphere  $SU(2) \cong S^3$  in the “cheap”  $e_1$  direction, and nothing is gained by traveling around the sphere more than once. So travel in the  $e_1$  direction has negligible cost, and the volume growth is comparable to what happens if we actually set  $a_1 = 0$ . The group  $SU(2)$  would collapse to a coset space mod the subgroup  $S = \{\exp(se_1) : s \in \mathbb{R}\}$  which is homeomorphic to the 2-dimensional sphere  $S^2$ . For this reason, the volume in this regime grows as  $r^2$ .

**Proposition 5.1.** *There is a constant  $c$  such that, uniformly in  $a_1 \leq a_2 \leq a_3$ ,*

$$V_{(a_1, a_2, a_3)}(r) \geq ca_2^{-2} r^2 \quad \text{for } a_1 \leq r \leq a_2.$$

*Proof.* As usual, it suffices to take  $a_2 = 1$  (see Remark 2.24). We proceed along the lines similar to the proof of Proposition 4.4. For  $\eta \in [0, 1]$ , let  $F^\eta : \mathbb{R}^3 \rightarrow SU(2)$  be defined by

$$F^\eta(s_1, s_2, s_3) = \exp(s_1 e_1) \exp(s_2 e_2) H(\eta, s_3),$$

where  $H$  is as in (4.1). Let  $J^\eta$  be the Jacobian determinant of  $F^\eta$ , normalized as in Notation 2.26. Then by the same arguments as in Lemmas 4.2 and 4.3, there is a neighborhood  $U$  of  $(0, 0, 0) \in \mathbb{R}^3$  and a jointly continuous  $j : U \times [0, 1] \rightarrow \mathbb{R}$  such that

$$(5.1) \quad J^\eta(s_1, s_2, s_3) = \eta j(s_1, s_2, s_3, \eta), \quad (s_1, s_2, s_3) \in U, \quad \eta \in [0, 1].$$

We can also directly compute

$$\partial_{s_1} F^\eta(0, 0, 0) = e_1 \text{ and } \partial_{s_2} F^\eta(0, 0, 0) = e_2.$$

For the partial derivative with respect to  $s_3$ , we can use either Lemma 2.17 or (4.3) to compute

$$\partial_{s_3} F^\eta(0, 0, 0) = \partial_v H(\eta, 0) = (1 - \cos \eta)e_2 + (\sin \eta)e_3.$$

Thus, letting  $\omega$  be the Riemannian volume form of the bi-invariant metric  $g_{(1,1,1)}$ , we have

$$J^\eta(0, 0, 0) = \frac{1}{16\pi^2} \omega(e_1, e_2, (1 - \cos \eta)e_2 + (\sin \eta)e_3) = \frac{1}{16\pi^2} \sin \eta.$$

In particular, from (5.1), we have  $j(0, 0, 0, \eta) = \frac{1}{16\pi^2} \frac{\sin \eta}{\eta} > 0$  for all  $\eta \in [0, 1]$ . We can thus find a neighborhood  $W \subset U$  of  $(0, 0, 0)$  such that  $j$  is bounded away from 0 on  $W \times [0, 1]$ , which implies  $J^\eta \geq c\eta$  for some constant  $c$ .

Now choose  $\eta > 0$  sufficiently small so that  $[-\eta, \eta]^3 \subset W$ . Suppose  $\eta a_1 \leq r \leq \eta$  and set

$$K = \left[ -\eta, \eta \right] \times \left[ -r, r \right] \times \left[ -r, r \right].$$

Note that  $K \subset [-\eta, \eta]^3 \subset W$ . Hence, we have  $\mu_0(F^\eta(K)) \geq c\eta \cdot m(K) = 8c\eta^2 r^2$ .

Also, we have

$$\begin{aligned} d_{(a_1, 1, a_3)}(e, F^\eta(s_1, s_2, s_3)) &\leq a_1 s_1 + s_2 + 2a_1 \eta + 2s_3 \\ &\leq a_1 \eta + r + 2a_1 \eta + 2r \\ &\leq 6r \end{aligned}$$

recalling that  $r \geq a_1 \eta$ . So  $F^\eta(K) \subset B_{(a_1, 1, a_3)}(6r)$ . We have thus shown

$$V_{(a_1, 1, a_3)}(6r) \geq 8c\eta^2 r^2, \quad a_1 \eta \leq r \leq \eta.$$

Repeating this argument with  $r, \eta$  replaced by  $r/6, \eta/6$  (which is valid since we still have  $[-\eta/6, \eta/6]^3 \subset W$ ), we have

$$V_{(a_1, 1, a_3)}(r) \geq c\eta^2 r^2, \quad a_1 \eta \leq r \leq \eta$$

where a factor of  $8/6^4$  has been absorbed into the constant  $c$ . This is the desired result for  $a_1 \leq r \leq \eta$ . For  $\eta \leq r \leq 1$ , simply note that

$$V_{(a_1, 1, a_3)}(r) \geq V_{(a_1, 1, a_3)}(\eta) \geq c\eta^4 \geq c\eta^4 r^2$$

and so we have the desired result for all  $a_1 \leq r \leq 1$ .  $\square$

For the corresponding upper bound, we show that the ball  $B_{(a_1, 1, a_3)}(r)$  is contained in a tubular neighborhood of the circle  $S = \{\exp(se_1) : s \in \mathbb{R}\}$ .

**Lemma 5.2.** *Let  $0 < a_1 \leq 1 \leq a_3 < \infty$ . For any  $x \in \text{SU}(2)$ , we may write  $x = \exp(se_1)y$  where  $d_{(1, 1, 1)}(e, y) \leq d_{(a_1, 1, a_3)}(e, x)$ . In particular,  $d_{(1, 1, 1)}(S, x) \leq d_{(a_1, 1, a_3)}(e, x)$ .*

*Proof.* Note first that without loss of generality we can assume  $a_3 = 1$ , since  $d_{(a_1, 1, 1)}(e, x) \leq d_{(a_1, 1, a_3)}(e, x)$ .

Fix  $\epsilon > 0$ . Consider the smooth map  $\Theta : \mathbb{R}^3 \rightarrow \text{SU}(2)$  defined by

$$\Theta(z_1, z_2, z_3) = \exp(z_1 e_1 / a_1) \exp(z_2 e_2 + z_3 e_3).$$

Then  $d\Theta$  is an isomorphism at  $(0, 0, 0)$ , so that  $\Theta$  is a diffeomorphism near  $(0, 0, 0)$ . If we equip  $\mathbb{R}^3$  with the standard Euclidean metric and  $\text{SU}(2)$  with the  $g_{(a_1, 1, 1)}$  metric, then  $d\Theta_e^{-1} : T_e \text{SU}(2) \rightarrow T_{(0, 0, 0)} \mathbb{R}^3$  is an isometry; in particular the operator norm is  $\|d\Theta_e^{-1}\|_{(a_1, 1, 1)} = 1$ . Hence we may find some neighborhood  $V$  of  $e \in \text{SU}(2)$  such that  $\|d\Theta_x^{-1}\|_{(a_1, 1, 1)} \leq 1 + \epsilon$  for all  $x \in V$ . Taking  $V$  smaller if necessary, we may also assume that  $V$  is a  $g_{(a_1, 1, 1)}$ -normal neighborhood of  $e$ ; that is, for any  $x \in V$  there is a  $g_{(a_1, 1, 1)}$ -minimizing geodesic from  $e$  to  $x$  contained in  $V$ . Then  $\Theta^{-1}$  is a  $(1 + \epsilon)$ -Lipschitz map from  $(V, d_{(a_1, 1, 1)})$  into  $\mathbb{R}^3$ . So for  $x \in V$ , if we write  $(z_1, z_2, z_3) = \Theta^{-1}(x)$ , we have

$$\begin{aligned} x &= \Theta(z_1, z_2, z_3) = \exp(z_1 e_1 / a_1) \exp(z_2 e_2 + z_3 e_3) \\ &= \exp(se_1) \exp(t(\cos(\theta)e_2 + \sin(\theta)e_3)) \end{aligned}$$

where we let  $s = z_1/a_1$ ,  $z_2 = t \cos \theta$ ,  $z_3 = t \sin \theta$ . Moreover,

$$|t| = \sqrt{z_2^2 + z_3^2} \leq |(z_1, z_2, z_3)| \leq (1 + \epsilon) d_{(a_1, 1, 1)}(e, x).$$

Now let  $x \in \mathrm{SU}(2)$  be arbitrary. Let  $\gamma : [0, 1] \rightarrow \mathrm{SU}(2)$  be a  $g_{(a_1, 1, 1)}$ -minimizing geodesic from  $e$  to  $x$ , parametrized by arc length. For an integer  $N$  to be chosen later, let  $\tau_i = i/N$  and  $x_i = \gamma(\tau_{i-1})^{-1} \gamma(\tau_i)$ ,  $i = 0, \dots, N$ , so that  $x = \prod_{i=1}^N x_i$ . Note that by the left invariance of the metric,

$$d_{(a_1, 1, 1)}(e, x_i) = d_{(a_1, 1, 1)}(\gamma(\tau_{i-1}), \gamma(\tau_i)) = \frac{1}{N} d_{(a_1, 1, 1)}(e, x)$$

since  $\gamma$  was parametrized by arc length. We may now choose  $N$  so large that  $x_i \in V$  for every  $i$ . Then, as above, each  $x_i$  may be written as

$$x_i = \exp(s_i e_1) \exp(t_i (\cos(\theta_i) e_2 + \sin(\theta_i) e_3))$$

where

$$|t_i| \leq (1 + \epsilon) d_{(a_1, 1, 1)}(e, x_i) = \frac{1 + \epsilon}{N} d_{(a_1, 1, 1)}(e, x).$$

By repeated application of (2.6), we may now write

$$\begin{aligned} x &= \prod_{i=1}^N \exp(s_i e_1) \exp(t_i (\cos(\theta_i) e_2 + \sin(\theta_i) e_3)) \\ &= \exp(s e_1) \prod_{i=1}^N \exp(t_i (\cos(\phi_i) e_2 + \sin(\phi_i) e_3)) \end{aligned}$$

where

$$s = s_1 + \dots + s_N, \quad \phi_i = \theta_i - s_{i+1} - \dots - s_N.$$

Setting  $y = \prod_{i=1}^N \exp(t_i (\cos(\phi_i) e_2 + \sin(\phi_i) e_3))$ , we have by left-invariance of  $d_{(1, 1, 1)}$  that

$$\begin{aligned} d_{(1, 1, 1)}(e, y) &\leq \sum_{i=1}^N d_{(1, 1, 1)}(e, \exp(t_i (\cos(\phi_i) e_2 + \sin(\phi_i) e_3))) \\ &\leq \sum_{i=1}^N |t_i| \\ &\leq (1 + \epsilon) d_{(a_1, 1, 1)}(e, x). \end{aligned}$$

To remove the  $\epsilon$ , we note that for each  $n$ , we can write  $x = \exp(s_n e_1) y_n$  where, without loss of generality,  $s_n \in [-2\pi, 2\pi]$ , and  $y_n \in \mathrm{SU}(2)$  with  $d_{(1, 1, 1)}(e, y_n) \leq (1 + \frac{1}{n}) d_{(a_1, 1, 1)}(e, x)$ . Since  $[-2\pi, 2\pi]$  and  $\mathrm{SU}(2)$  are compact, we can pass to a subsequence so that  $s_n \rightarrow s$  and  $y_n \rightarrow y$  for some  $s, y$ , which will then be as desired.  $\square$

**Proposition 5.3.** *There is a constant  $C$  such that, uniformly in  $a_1 \leq a_2 \leq a_3$ ,*

$$V_{(a_1, a_2, a_3)}(r) \leq C a_2^{-2} r^2 \quad \text{for } 0 \leq r \leq a_2.$$

*Proof.* As usual we assume  $a_2 = 1$ . Let  $K = B_{(1, 1, 1)}(S, r)$ , so that by the previous lemma  $B_{(a_1, 1, a_3)}(r) \subset K$ . It only remains to estimate the volume of  $K$ . Let  $N = \lceil \frac{4\pi}{r} \rceil$ , so that  $\frac{4\pi}{r} \leq N \leq \frac{4\pi}{r} + 1 \leq (4\pi + 1) \frac{1}{r}$ . Set  $x_i = \exp(4\pi i e_1 / N)$  for  $0 \leq i \leq N$ , so that  $x_0 = x_N = e$  and  $d_{(1, 1, 1)}(x_i, x_{i+1}) \leq \frac{4\pi}{N} \leq r$ . As such, the

balls  $B_{(1,1,1)}(x_i, 2r)$ ,  $1 \leq i \leq N$ , cover  $K$ . Since  $(\text{SU}(2), g_{(1,1,1)})$  is a compact 3-dimensional Riemannian manifold and  $\mu_0$  is (up to a constant) its volume measure, there is a constant  $C$  such that  $\mu_0(B_{(1,1,1)}(x, R)) \leq CR^3$  for any  $R$ . So we conclude

$$\mu_0(B_{(a_1,1,a_3)}(r)) \leq \mu_0(K) \leq CN(2r)^3 \leq 2^3(4\pi + 1)Cr^2.$$

□

## 6. COMBINING THE CASES

Combining the foregoing bounds yields the estimates on  $V_g(r)$  of Theorem 1.3.

*Proof of Theorem 1.3.* Similarly to the  $V_{(a_1, a_2, a_3)}$  notation, set

$$(6.1) \quad \bar{V}_{(a_1, a_2, a_3)}(r) = \begin{cases} (a_1 a_2 a_3)^{-1} r^3, & 0 \leq r \leq a_1 a_2 / a_3 \\ (a_1 a_2)^{-2} r^4, & a_1 a_2 / a_3 \leq r \leq a_1 \\ a_2^{-2} r^2, & a_1 \leq r \leq a_2 \\ 1, & r \geq a_2. \end{cases}$$

We need to show that  $b_1 \bar{V}_{(a_1, a_2, a_3)}(r) \leq V_{(a_1, a_2, a_3)}(r) \leq b_2 \bar{V}_{(a_1, a_2, a_3)}(r)$  for some constants  $b_1, b_2$  not depending on  $a_1, a_2, a_3$ . This will establish Theorem 1.3 for metrics of the form  $g = g_{(a_1, a_2, a_3)}$ , recalling from Notation 2.23 that  $V_g(r)$  differs from  $V_{(a_1, a_2, a_3)}(r)$  by a factor of  $(16\pi^2 a_1 a_2 a_3)^{-1}$ . The general case follows since, as noted in Corollary 2.10, every  $g \in \mathfrak{L}(\text{SU}(2))$  is isometric to some  $g_{(a_1, a_2, a_3)}$ .

The upper and lower bounds in the case  $0 \leq r \leq a_1 a_2 / a_3$  are covered by Proposition 3.1.

For  $a_1 a_2 / a_3 \leq r \leq a_1$ , the lower bound is shown by Proposition 4.4. The upper bound is shown by Proposition 4.5 for  $a_1 a_2 / a_3 \leq r \leq \eta a_1$ , where  $\eta$  is a certain small constant, so it remains to handle the case  $\eta a_1 \leq r \leq a_1$ . In this case we can apply Proposition 5.3 to obtain

$$V_{(a_1, a_2, a_3)}(r) \leq C a_2^{-2} r^2 \leq C \eta^{-2} (a_1 a_2)^{-2} r^4.$$

For  $a_1 \leq r \leq a_2$ , the desired bounds are given by Propositions 5.1 and 5.3.

For  $r \geq a_2$ , the lower bound follows simply by noting

$$V_{(a_1, a_2, a_3)}(r) \geq V_{(a_1, a_2, a_3)}(a_2) \geq c$$

from the bound in Proposition 5.1. The upper bound  $V_{(a_1, a_2, a_3)}(r) \leq 1$  is trivial because  $V_{(a_1, a_2, a_3)}(r)$  is the volume with respect to the probability measure  $\mu_0$ . □

To prove Theorem 1.2, it now suffices to show that the function  $\bar{V}_g$ , or equivalently  $\bar{V}_{(a_1, a_2, a_3)}$  as in (6.1), satisfies a uniform volume doubling condition. This is an elementary calculation which we insert here for convenience.

**Lemma 6.1.** *For any  $a_1 \leq a_2 \leq a_3$ , any  $r \geq 0$  and  $k \geq 1$ , we have*

$$\bar{V}_{(a_1, a_2, a_3)}(kr) \leq k^4 \bar{V}_{(a_1, a_2, a_3)}(r).$$

*Proof.* We have ten cases depending on which of the four regions defined in (6.1) are occupied by  $r$  and  $kr$ .

If  $r, kr$  occupy the same region, then the result is immediate. For instance, when  $0 \leq r \leq kr \leq a_1 a_2 / a_3$ , then we have  $\bar{V}(kr) / \bar{V}(r) = k^3$  (we suppress the subscripts). In the other similar cases, we get  $k^4, k^2$  or 1; all are bounded by  $k^4$ .

The next cases are when they occupy consecutive regions.

- If  $0 \leq r \leq a_1 a_2 / a_3 \leq kr \leq a_1$ , then  $\bar{V}(kr) / \bar{V}(r) = k^4 (a_1 a_2 / a_3)^{-1} r \leq k^4$  because  $r \leq a_1 a_2 / a_3$ .
- If  $a_1 a_2 / a_3 \leq r \leq a_1 \leq kr \leq a_2$ , then  $\bar{V}(kr) / \bar{V}(r) = k^2 a_1^2 r^{-2} \leq k^4$ , using  $a_1 \leq kr$ .
- If  $a_1 \leq r \leq a_2 \leq kr$ , then  $\bar{V}(kr) / \bar{V}(r) = a_2^2 r^{-2} \leq k^2 \leq k^4$ , using  $a_2 \leq kr$ .

The remaining cases follow by combining those already shown. For instance, if  $0 \leq r \leq a_1 a_2 / a_3 \leq a_1 \leq kr \leq a_2$ , choose  $1 \leq k' \leq k$  so that  $a_1 a_2 / a_3 \leq k' r \leq a_1$ . Then by the previous cases we have

$$\bar{V}(kr) \leq \left( \frac{k}{k'} \right)^4 \bar{V}(k'r) \leq k^4 \bar{V}(r).$$

The last two cases are similar.  $\square$

Combining Theorem 1.3 and Lemma 6.1 (with  $k = 2$ ) establishes Theorem 1.2, with  $D = 16b_2/b_1$ .

## 7. DIAMETER BOUNDS

In this brief section, we prove the remark following Theorem 1.3: for any metric  $g \in \mathfrak{L}(\mathrm{SU}(2))$ , the diameter  $\mathrm{diam}_g(\mathrm{SU}(2))$  is uniformly comparable to  $a_2$ , the square root of the middle eigenvalue.

An interesting consequence is that, by inspection of (3.3), there is no uniform lower bound on the Ricci curvatures of the metrics  $g \in \mathfrak{L}(\mathrm{SU}(2))$ , even after rescaling to constant diameter; the metrics  $g_{(1,1,a_3)}$ , as  $a_3 \rightarrow \infty$ , have comparable diameters, but their Ricci curvatures in the  $e_3$  direction tend to  $-\infty$ . As such, the uniform volume doubling bound of Theorem 1.2 cannot be obtained solely by Ricci curvature considerations as in Section 3.

**Proposition 7.1.** *For a left-invariant Riemannian metric  $g \in \mathfrak{L}(\mathrm{SU}(2))$ , let  $a_2$  be the square root of the middle eigenvalue of the matrix  $A_g$ , as in Theorem 1.3. There are universal constants  $0 < D_0 \leq D_\infty < +\infty$  such that*

$$D_0 a_2 \leq \mathrm{diam}_g(\mathrm{SU}(2)) \leq D_\infty a_2.$$

*Proof.* By Corollary 2.10, we can assume without loss of generality that  $g = g_{(a_1, a_2, a_3)}$  for some  $a_1 \leq a_2 \leq a_3$ , and by scaling, we can assume  $a_2 = 1$ .

For an upper bound, we consider a sub-Riemannian metric on  $\mathrm{SU}(2)$ . Let  $\mathcal{H} \subset T\mathrm{SU}(2)$  be the two-dimensional sub-bundle spanned at each point by the left translates of  $\hat{e}_1, \hat{e}_2$ , and let  $g_{(1,1,\infty)}$  be the left-invariant sub-Riemannian metric on  $\mathcal{H}$  making  $\hat{e}_1, \hat{e}_2$  orthonormal. Then  $(\mathrm{SU}(2), \mathcal{H}, g_{(1,1,\infty)})$  is a sub-Riemannian manifold. The sub-bundle  $\mathcal{H}$  satisfies Hörmander's bracket-generating condition, since  $[\hat{e}_1, \hat{e}_2] = \hat{e}_3$ , and so by the Chow–Rashevskii theorem [38, p. 43], the sub-Riemannian (or Carnot–Carathéodory) distance  $d_{(1,1,\infty)}$  is finite and induces the original manifold topology. Since  $\mathrm{SU}(2)$  is compact, it has finite diameter under  $d_{(1,1,\infty)}$ . Let  $D_\infty$  be this diameter. It is clear that for any  $v \in T\mathrm{SU}(2)$ , we have  $g_{(a_1,1,a_3)}(v,v) \leq g_{(1,1,\infty)}(v,v)$  (where for  $v \notin \mathcal{H}$  we can take  $g_{(1,1,\infty)}(v,v) = \infty$ ), so the same inequality holds for their distances, and we have shown that the diameter under  $g_{(a_1,1,a_3)}$  is bounded above by  $D_\infty$ .

For the lower bound, consider the pseudo-metric  $g_{(0,1,1)}$  for which  $g_{(0,1,1)}(\hat{e}_1, \hat{e}_1) = 0$  and  $\hat{e}_2, \hat{e}_3$  are orthonormal. Then the pseudo-distance  $d_{(0,1,1)}$  is symmetric and satisfies the triangle inequality, but is not positive definite. For instance,

$d_{(0,1,1)}(e, \exp(s\hat{e}_1)) = 0$  for any  $s$ . However, we claim  $d_{(0,1,1)}$  is not identically zero, so that  $SU(2)$  has nonzero diameter under  $d_{(0,1,1)}$ . As above,  $d_{(0,1,1)}$  is a lower bound for any  $d_{(a_1,1,a_3)}$ , so we may take  $D_0$  to be the  $d_{(0,1,1)}$ -diameter of  $SU(2)$ .

Indeed, let  $S = \{\exp(s\hat{e}_1) : s \in \mathbb{R}\}$  be the subgroup generated by  $\hat{e}_1$ . Suppose  $d_{(0,1,1)}(e, x) = 0$ ; we claim that  $x \in S$ . For any  $\epsilon > 0$ , we can choose  $a$  so small that  $d_{(a,1,1)}(e, x) < \epsilon$ . By Lemma 5.2, we can write  $x = \exp(se_1)y$  where  $d_{(1,1,1)}(e, y) < \epsilon$ . Thus  $d_{(1,1,1)}(S, x) < \epsilon$ . Since  $\epsilon$  was arbitrary and  $S$  is closed, we conclude that  $x \in S$ . So for any  $x \in SU(2) \setminus S$ , we have  $d_{(0,1,1)}(e, x) > 0$ .  $\square$

*Remark 7.2.* In effect, the pseudo-metric space  $(SU(2), d_{(0,1,1)})$  is the two-dimensional left coset space  $SU(2)/S$ , which is homeomorphic to  $S^2$ . This statement is not so obvious as it might appear. For instance, suppose we instead consider the Heisenberg group  $\mathbb{H}^3$  with the standard basis  $\{X, Y, Z\}$  for  $\mathfrak{h}^3$  satisfying  $[X, Y] = Z$ ,  $[X, Z] = [Y, Z] = 0$ , and a left-invariant pseudo-metric  $g$  with  $g(X, X) = 0$  and  $Y, Z$  orthonormal. Then the resulting pseudo-metric space is only one-dimensional, and in particular it does not equal the quotient of  $\mathbb{H}^3$  by  $\{\exp(tX) : t \in \mathbb{R}\}$ . Indeed, by writing  $\exp(s^2Z) = \exp(s\epsilon^{-1}X)\exp(s\epsilon Y)\exp(-s\epsilon^{-1}X)\exp(-s\epsilon Y)$  where  $\epsilon \rightarrow 0$ , we see that we can reach the  $z$ -axis by paths of arbitrarily small length with respect to this metric, by making a rectangle that is very large in the  $X$  direction and very small in  $Y$ . However, compactness prevents this phenomenon in  $SU(2)$ .

*Remark 7.3.* In a recent article [43], A. V. Podobryaev has computed the diameter of the metrics  $g_{(a_1, a_2, a_3)}$  in the case where two of the three parameters  $a_1, a_2, a_3$  are equal. This leads to the explicit values  $D_0 = \pi$ ,  $D_\infty = 2\pi$ . The value  $D_\infty = 2\pi$  also follows from a sub-Riemannian distance formula proved in [11].

## 8. CONSEQUENCES OF VOLUME DOUBLING

Let  $(M, g)$  be a Riemannian manifold, and  $\Delta_g$  the (positive) Laplace–Beltrami operator associated with the metric  $g$ . The gradient  $\nabla_g$  is determined by the metric  $g$  and we let

$$|\nabla_g f|_g^2 := g(\nabla_g f, \nabla_g f).$$

The connection between the Laplace–Beltrami operator and the gradient is given by

$$\int_M f \Delta_g f d\mu_g = \int_M |\nabla_g f|_g^2 d\mu_g,$$

where as before  $\mu_g$  is the Riemannian volume measure. Finally the heat kernel is the fundamental solution to the heat equation with the Laplace–Beltrami operator  $\Delta_g$ , which equivalently can be described as the kernel for the heat semigroup

$$P_t f(x) = e^{-t\Delta_g} f(x) = \int_M f(y) p_t^g(x, y) d\mu_g(y).$$

We concentrate on the case when  $M$  is a compact Lie group. Namely, let  $K$  be a connected compact group equipped with a left-invariant Riemannian metric  $g \in \mathfrak{L}(K)$ . In this case, the heat kernel  $p_t^g(x, y)$  is a symmetric function of  $(x, y)$  and is invariant under left multiplication, that is,  $p_t^g(x, y) = p_t^g(e, x^{-1}y) = p_t^g(e, y^{-1}x)$ . Abusing notation, we write  $p_t^g(z) := p_t^g(e, z)$ . In addition, the heat kernel satisfies the Chapman–Kolmogorov equations

$$(8.1) \quad p_{s+t}^g(x) = \int_K p_s^g(y^{-1}x) p_t^g(y) d\mu_g, \quad s, t > 0,$$

which implies (using symmetry and multiplication invariance) that

$$(8.2) \quad p_{s+t}^g(e) = \int_K p_s^g(y) p_t^g(y) d\mu_g.$$

As mentioned before, the volume doubling constant is quantitatively related to many analytic properties of the Laplace–Beltrami operator  $\Delta_g$ . Given a Riemannian metric  $g$  on a compact manifold  $M$ , let

$$(8.3) \quad 0 = \lambda_{g,0} < \lambda_g = \lambda_{g,1} \leq \dots \leq \lambda_{g,i} \leq \dots$$

be the eigenvalues of  $\Delta_g$ , repeated according to multiplicity. In the case when  $M$  is a compact Lie group, we will use repeatedly the following connection between the heat kernel  $p_t^g$  and the eigenvalues

$$(8.4) \quad \mu_g(K) p_t^g(e) = \mu_g(K) p_t^g(x, x) = \sum_{i=0}^{\infty} e^{-t\lambda_{g,i}}.$$

We discuss some of the properties of  $\Delta_g$  and the volume doubling constant here, including a spectral gap, Weyl eigenvalue counting function, parabolic Harnack inequalities, and heat kernel bounds.

**Definition 8.1.** *Let  $K$  be a connected real Lie group. We say that  $K$  is **uniformly doubling with constant at most  $D$**  if there is a constant  $D$  such that*

$$D_g \leq D$$

for all left-invariant metrics Riemannian metrics  $g \in \mathfrak{L}(K)$ .

Observe that by Lemma 6.1 we see that on  $SU(2)$

$$\frac{V_g(r)}{V_g(s)} \leq D \left(\frac{r}{s}\right)^4 \text{ for any } 0 < s \leq r.$$

This can be compared with a more general statement as follows. Suppose  $(X, d, \mu)$  is a metric measure space, then one can ask if there are constants  $D' > 0$  and  $\delta > 0$  such that for any  $0 < s \leq r$  and  $x \in X$

$$(8.5) \quad \frac{V(x, r)}{V(x, s)} \leq D' \left(\frac{r}{s}\right)^\delta,$$

where  $V(x, r) := \mu(B(x, r))$ . If the metric measure space  $(X, d, \mu)$  is doubling with constant at most  $D$ , then by [17, Section 4.2] and [51, Lemma 5.2.4] we see that (8.5) holds with  $D' = D$  and  $\delta = \frac{\ln D}{\ln 2}$ . Indeed, if  $\lfloor \cdot \rfloor$  denotes the integer part of a real number (floor function), we see that

$$V(x, r) \leq V\left(x, 2^{\lfloor \frac{\ln(r/s)}{\ln 2} \rfloor + 1} s\right) \leq D^{1 + \frac{\ln(r/s)}{\ln 2}} V(x, s) = D \left(\frac{r}{s}\right)^{\frac{\ln D}{\ln 2}} V(x, s).$$

Below we state several interesting properties which would follow from Conjecture 1.1. First and foremost, we note that it implies a uniform version of the Poincaré inequality for metric balls stated in Corollary 8.3. This is the key to a host of other consequences. In particular, by Theorem 1.2 these properties hold on  $SU(2)$ . In some instances, Theorem 1.3 provides a particularly explicit form of these statements.



**8.1. The Poincaré inequality on compact Lie groups.** The following theorem is proved in [51, Section 5.6.1]. The first instance of this type of inequality appeared in [57]; a discrete version of this inequality is one of the key elements of B. Kleiner's proof of Gromov's theorem on groups of polynomial growth [30].

**Theorem 8.2.** *Let  $K$  be a compact Lie group equipped with a left-invariant Riemannian metric  $g$ . On any ball  $B_g(x, r)$ , we have the Poincaré inequality*

$$(8.6) \quad \int_{B_g(x,r)} |f - f_{x,r}|^2 d\mu_g \leq 2r^2 D_g \int_{B_g(x,2r)} |\nabla_g f|_g^2 d\mu_g \text{ for all } f \in C^\infty(B_g(x, 2r)),$$

where  $f_{x,r} := \int_{B_g(x,r)} f d\mu_g$  denotes the mean of  $f$  over  $B_g(x, r)$ , and  $D_g$  is the volume doubling constant of  $(K, g)$ .

**Corollary 8.3.** *If  $K$  is uniformly volume doubling with constant at most  $D$ , then the Poincaré inequality (8.6) holds with the same constant  $D$  for every  $g \in \mathfrak{L}(K)$ . In particular, by Theorem 1.2 this is true for  $K = \text{SU}(2)$ .*

The proof given in [51] also establishes, by a straightforward modification, the following  $L^p$  Poincaré inequality:

**Theorem 8.4.** *In the same notation as Theorem 8.2, for any  $1 \leq p < \infty$ , we have*

$$(8.7) \quad \int_{B_g(x,r)} |f - f_{x,r}|^p d\mu_g \leq (2r)^p D_g \int_{B_g(x,2r)} |\nabla_g f|_g^p d\mu_g \text{ for all } f \in C^\infty(B_g(x, 2r)).$$

(In the special case  $p = 2$ , one can improve the constant by a factor of  $\frac{1}{2}$  to recover (8.6).)

Note that the weak Poincaré inequality (8.6) and volume doubling imply that the strong Poincaré inequality holds, that is, (8.6) with the same ball  $B_g(x, r)$  on both sides (and the same for the  $L^p$  Poincaré inequality (8.7)). This is shown by a covering argument; see [26] and [51, Section 5.3.2]. In particular, this implies that on a uniformly doubling group  $K$  the lowest eigenvalue  $\lambda_{N,g,r}$  of the Laplacian  $\Delta_g$  with Neumann boundary condition on the ball  $B_g(x, r)$  satisfies  $cr^{-2} \leq \lambda_{N,g,r} \leq Cr^{-2}$  uniformly over all  $g \in \mathfrak{L}(K)$  and  $r \in (0, \text{diam}_g]$ .

**8.2. Spectral gap.** Let  $\lambda_g$  be the lowest non-zero eigenvalue for the Laplace-Beltrami operator  $\Delta_g$ . We show that when  $K$  is uniformly doubling, we obtain the uniform upper bound (1.2) for  $\lambda_g$ , matching the lower bound (1.1) obtained in [34], up to a constant depending on the doubling constant.

**Theorem 8.5.** *Assume that the compact connected Lie group  $K$  is uniformly doubling with constant at most  $D$ . For any metric  $g \in \mathfrak{L}(K)$ , the lowest non-zero eigenvalue  $\lambda_g$  of the Laplacian  $\Delta_g$  satisfies*

$$\frac{\pi^2}{4 \text{diam}_g^2} \leq \lambda_g \leq \frac{16D^2}{\text{diam}_g^2}.$$

*Proof.* As mentioned earlier, the lower bound was proved in [34]. (An improved lower bound was recently obtained in [28].) To obtain an upper bound, we note that

$$(8.8) \quad \lambda_g = \min \left\{ \frac{\int |\nabla_g f|^2 d\mu_g}{\|f\|_2^2} : f \neq 0, \int_K f d\mu_g = 0, f \in \text{Lip}(K) \right\},$$

We construct an appropriate test function to use in (8.8). Let  $y$  be a point which realizes the diameter of  $K$  under  $g$ , i.e.,  $d_g(e, y) = \text{diam}_g$ . Let  $R = \text{diam}_g/2$ . For any  $z \in K$ , let  $f_{z,r}(x) = (r - d_g(z, x))_+$  be the tent function over the ball  $B_g(z, r)$ ; observe that this is a Lipschitz function with gradient  $|\nabla_g f_{z,r}| \leq 1$  (almost everywhere). As a test function, take  $f_R = f_{e,R} - f_{y,R}$ . By group invariance,  $\int_K f_R d\mu_g = 0$  and  $\int_K |\nabla_g f_R|^2 d\mu_g \leq \mu_g(K) = V_g(2R)$ . To estimate the  $L^2$ -norm of  $f_R$  from below, observe that  $|f_R|$  is at least  $R/2$  on two disjoint balls of radius  $R/2$ . Hence we have  $\|f_R\|_2^2 \geq (R/2)^2 V_g(R/2)$ . Plugging this in the variational formula (8.8) for  $\lambda_g$  yields

$$\lambda_g \leq \frac{4V_g(2R)}{R^2 V_g(R/2)} \leq \frac{16D^2}{\text{diam}_g^2}.$$

□

In the special case when  $K = \text{SU}(2)$ , we have from Proposition 7.1 that the diameter  $\text{diam}_g(\text{SU}(2))$  is uniformly comparable to the parameter  $a_2$  of  $g$  (as defined in Notation 2.9), and hence we have the following statement.

**Corollary 8.6.** *There are positive constants  $0 < c \leq C < \infty$  such that for all  $g \in \mathfrak{L}(\text{SU}(2))$  with parameters  $0 < a_1 \leq a_2 \leq a_3$  as in Notation 2.9, we have*

$$(8.9) \quad \frac{c}{a_2^2} \leq \lambda_g \leq \frac{C}{a_2^2}.$$

*Remark 8.7.* In a very recent preprint [31], E. A. Lauret has given an exact expression for the smallest eigenvalue  $\lambda_g$  of  $\text{SU}(2)$  in terms of the parameters of the metric, which in our notation reads as follows:

$$(8.10) \quad \lambda_g = \min \left\{ \frac{1}{4} \left( \frac{1}{a_1^2} + \frac{1}{a_2^2} + \frac{1}{a_3^2} \right), \frac{1}{a_2^2} + \frac{1}{a_3^2} \right\}.$$

Indeed, (8.10) is consistent with (8.9).

In earlier work, as part of a more general construction, H. Urakawa [55] computed  $\lambda_g$  for a particular one-parameter family of metrics  $g(t)$  on  $\text{SU}(2)$ , which in our notation is

$$g(t) = \begin{cases} g_{(t/\sqrt{2}, 1/\sqrt{2t}, 1/\sqrt{2t})}, & 0 < t \leq 1 \\ g_{(1/\sqrt{2t}, 1/\sqrt{2t}, t/\sqrt{2})}, & 1 \leq t < \infty. \end{cases}$$

See [55, Theorem 5]. This family has the property that the volume  $\mu_{g(t)}(\text{SU}(2))$  is the same for all  $t$ , while  $\lambda_{g(t)} \sim t$ .

Urakawa's example answered, in the negative, a previous question of M. Berger [10]: whether we have  $\lambda_g \leq C(M)\mu_g(M)^{-2/n}$  on any  $n$ -dimensional compact connected manifold  $M$ , with a constant  $C(M)$  depending on  $M$  but not on the metric  $g$ . It is interesting to compare this with Theorem 8.5, which implies that, when  $M$  is a uniformly doubling group  $K$  and the metrics are left-invariant, the quantity  $\mu_g(K)^{1/n}$  in Berger's statement ought to be replaced with  $\text{diam}_g$ .

**8.3. Heat kernel estimates.** In the section we would like to comment on the heat kernel estimates (1.3) for uniformly doubling compact Lie groups. Given a complete Riemannian manifold that satisfies the volume doubling property and the Poincaré inequality (8.6), there are several ways to obtain heat kernel upper bounds. One of the most direct and efficient is based on the notion of a Faber–Krahn inequality as developed in [14, 22] or the equivalent notion of local Sobolev inequality (see [51, Section 5.2]).

Assuming that doubling and the Poincaré inequality hold, these methods provide the heat kernel upper bound in terms of the volume

$$(8.11) \quad p_t(x, y) \leq \frac{C_1(\varepsilon)}{\sqrt{V(x, \sqrt{t})V(y, \sqrt{t})}} \exp\left(-\frac{d(x, y)^2}{4(1+\varepsilon)t}\right)$$

with a constant  $C_1(\varepsilon)$  [51, Equation(5.2.17)] and [50] that depends only on  $\varepsilon \in (0, 1)$  and the constants involved in the doubling property and the Poincaré inequality. Here  $V(x, r)$  denotes the volume of the ball of radius  $r > 0$  around the point  $x$ .

In fact, these arguments provide the more precise bound of the type

$$p_t(x, y) \leq \frac{C_1(1 + d(x, y)^2/4t)^\kappa}{\sqrt{V(x, \sqrt{t})V(y, \sqrt{t})}} \exp\left(-\frac{d(x, y)^2}{4t}\right)$$

for some  $\kappa > 0$ . The best value of  $\kappa$  that can be obtained from these arguments is  $\kappa = \delta/2$ , where  $\delta$  is as in (8.5), e.g. [51, Section 5.2.3], [53, Corollary 4.2] and variations on the arguments in [17]. Further, one also obtains the time derivative estimates such as in [54, Corollary 2.7])

$$|\partial_t^k p_t(x, y)| \leq \frac{C_k(1 + d(x, y)^2/4t)^{k+\delta/2}}{t^k \sqrt{V(x, \sqrt{t})V(y, \sqrt{t})}} \exp\left(-\frac{d(x, y)^2}{4t}\right).$$

In addition, [17] provides assorted estimates for the heat kernel in complex time and pointers to further references.

The proofs of these estimates simplify, and a greater varieties of arguments can be employed, when the volume of balls is independent of the center, which is the case for left-invariant metrics on Lie groups.

**Theorem 8.8.** *Let  $K$  be a compact Lie group. If  $K$  is uniformly volume doubling with constant at most  $D$ , then for each integer  $k = 0, 1, \dots$  there exists a constant  $C_k$  depending only on  $D$  and  $k$  such that for any  $g \in \mathfrak{L}(K)$ , and for all  $x, y \in K$  and  $t > 0$*

$$|\partial_t^k p_t^g(x, y)| \leq \frac{C_k(1 + d_g(x, y)^2/4t)^{k+\delta/2}}{t^k V_g(\sqrt{t})} \exp\left(-\frac{d_g(x, y)^2}{4t}\right),$$

where  $\delta$  is as in (8.5).

Regarding a lower bound, the only directly applicable results are proved by a simple chaining argument using the parabolic Harnack inequality discussed in Section 8.4. Assuming that doubling and the Poincaré inequality hold, this line of reasoning provides the following heat kernel lower bound

$$p_t^g(x, y) \geq \frac{c_2}{V(x, \sqrt{t})} \exp\left(-C_2 \frac{d(x, y)^2}{t}\right),$$

where  $0 < c_2, C_2$  depends only on the constants involved in the doubling property and the Poincaré inequality. See, for instance, [51, Section 5.4.6] and [53, Corollary 4.10].

**Theorem 8.9.** *Let  $K$  be a compact Lie group. If  $K$  is uniformly volume doubling with constant at most  $D$  then there exist positive constants  $c$  and  $A$  depending only*

on  $D$  such that, for any  $g \in \mathfrak{L}(K)$ , for all  $x, y \in K$  and  $t > 0$

$$p_t^g(x, y) \geq \frac{c}{V_g(\sqrt{t})} \exp\left(-A \frac{d_g(x, y)^2}{t}\right).$$

For  $SU(2)$ , Lemma 6.1 shows that we can take  $\delta = 4$  (uniformly over  $\mathcal{L}(SU(2))$ ) in Theorem 8.8, and this gives the following result.

**Theorem 8.10.** *There exist constants  $0 < c, A$  and for each  $k = 0, 1, \dots$ , a constant  $C_k$ , such that, for all  $g \in \mathcal{L}(SU(2))$  and all  $x, y \in SU(2)$ ,  $t > 0$ , we have*

$$|\partial_t^k p_t^g(x, y)| \leq \frac{C_k(1 + d_g(x, y)^2/4t)^{k+2}}{t^k V_g(\sqrt{t})} \exp\left(-\frac{d_g(x, y)^2}{4t}\right)$$

and

$$p_t^g(x, y) \geq \frac{c}{V_g(\sqrt{t})} \exp\left(-A \frac{d_g(x, y)^2}{t}\right).$$

*Remark 8.11.* The results in [56] imply that for each metric  $g \in \mathfrak{L}(K)$  (in particular for  $SU(2)$ ) and  $\epsilon \in (0, 1)$  there is a constant  $c_{\epsilon(g)} > 0$  such that, for all  $x, y, t$

$$p_t^g(x, y) \geq \frac{c_{\epsilon(g)}}{V_g(\sqrt{t})} \exp\left(-\frac{d_g(x, y)^2}{4(1-\epsilon)t}\right).$$

However, it is not clear that the arguments in [56] are sufficient to yield a constant  $c_{\epsilon}$  that is uniform in  $g$ , even if one assumes that the group  $K$  is uniformly doubling. This remains an open question, although we conjecture that this inequality holds uniformly.

*Remark 8.12.* Detailed asymptotics originally developed by S. Molchanov in [37] show that for the heat kernel on the  $n$ -sphere equipped with its canonical round metric and with  $x$  and  $y$  being antipodal points (e.g., the south and north poles)

$$p_t(x, y) \sim c_n t^{-n/2} \left(\frac{d(x, y)^2}{t}\right)^{(n-1)/2} \exp(-d(x, y)^2/4t)$$

as  $t$  tends to 0. This shows that one cannot dispense entirely with the factor  $(1 + d_g(x, y)^2/t)^{\kappa}$  in heat kernel upper bounds, even on  $SU(2)$ . For more on this, see [40].

**8.4. Harnack inequality.** Let the parabolic Harnack constant  $H(M, g)$  be the infimum of all real  $H$  such that for any  $x \in M$ ,  $r > 0$  and any positive solution  $u$  of the heat equation on  $(M, g)$  in  $(s, s + 4r^2) \times B(x, 2r)$ , it holds that

$$(8.12) \quad \sup_{Q_-} \{u\} \leq H \inf_{Q_+} \{u\},$$

where  $Q_- = (s + r^2, s + 2r^2) \times B(x, r)$  and  $Q_+ = (s + 3r^2, s + 4r^2) \times B(x, r)$ . In particular, for any connected compact real Lie group  $K$  equipped with  $g \in \mathfrak{L}(K)$ , we denote by  $H(K, g)$  the best constant in the parabolic Harnack inequality (8.12). Then one can ask if the parabolic Harnack inequality is satisfied uniformly over all  $g \in \mathfrak{L}(K)$ .

**Proposition 8.13** (See [21, 46]). *Let  $K$  be a connected compact Lie group. Assume that  $K$  is uniformly doubling with constant at most  $D$ ; then there is a  $H(D)$  such that*

$$H(K, g) \leq H(D)$$

for all  $g \in \mathfrak{L}(K)$ .

In particular, Theorem 1.2 implies the following.

**Corollary 8.14** (Uniform Harnack inequality for SU(2)). *The parabolic Harnack inequality is satisfied uniformly over all  $g \in \mathfrak{L}(\text{SU}(2))$ .*

**8.5. Gradient inequalities.** In addition to the Harnack inequality (8.12) several related useful inequalities involve gradient estimates. For instance, one can consider the property that for any  $x \in M$ ,  $r > 0$  and any positive solution  $u$  of the heat equation on  $(M, g)$  in  $(s, s + 4r^2) \times B(x, 2r)$ , it holds that

$$(8.13) \quad \sup_{Q_-} \{|\nabla_g u|_g\} \leq H_1 t^{-1/2} \inf_{Q_+} \{u\}$$

with  $Q_-, Q_+$  defined as above. Or one may prefer the Li-Yau parabolic inequality for global positive solutions  $u(t, x)$  of the heat equation on  $(M, g)$  in  $(0, T) \times M$ ,

$$(8.14) \quad |\nabla_g \log u|_g^2 - \partial_t \log u \leq \frac{H_1'}{t}.$$

In this direction, we can only prove the following weaker result for the heat kernel  $p_t^g(x)$ .

**Theorem 8.15.** *Assume that  $K$  is uniformly doubling with constant at most  $D$ . Then there is a constant  $C(D)$  such that*

$$(8.15) \quad |\nabla_g p_t^g(x)|_g \leq \frac{C(D)}{\sqrt{t} V_g(\sqrt{t})} \left(1 + \frac{d_g^2(e, x)}{4t}\right)^{3\delta+1} \exp\left(-\frac{d_g^2(e, x)}{4t}\right),$$

$$(8.16) \quad \|\nabla_g p_t^g\|_{L^1} = \int_K |\nabla_g p_t^g(x)|_g d\mu_g(x) \leq C(D) t^{-1/2}$$

where  $\delta = \delta(D)$  is as in (8.5).

*Proof.* Spectral theory easily gives

$$(8.17) \quad \|\Delta_g P_t^g\|_{L^2 \rightarrow L^2} = \|\partial_t P_t^g\|_{L^2 \rightarrow L^2} = \sup_{\lambda > 0} \{\lambda e^{-t\lambda}\} \leq (et)^{-1} \leq t^{-1},$$

where we used the operator norm on  $L^2(K, \mu_g)$  for  $P_t^g$ . Now observe that by (8.1)

$$\nabla_g p_t^g(x) = \int_K \nabla_g p_{t/2}^g(y^{-1}x) p_{t/2}^g(y) d\mu_g(y).$$

Hence

$$\begin{aligned} |\nabla_g p_t^g(x)|_g^2 &\leq \left( \int_K |\nabla_g p_{t/2}^g(y^{-1}x)|_g p_{t/2}^g(y) d\mu_g(y) \right)^2 \\ &\leq \int_K |\nabla_g p_{t/2}^g(y)|_g^2 d\mu_g(y) \int_K |p_{t/2}^g(y)|^2 d\mu_g(y). \end{aligned}$$

By (8.2) we have  $\|p_{t/2}^g\|_2^2 = \int_K |p_{t/2}^g(y)|^2 d\mu_g(y) = p_{t/2}^g(e)$  and

$$\begin{aligned} \int_K |\nabla_g p_{t/2}^g(y)|_g^2 d\mu_g(y) &= \int -\Delta_g p_{t/2}^g(y) p_{t/2}^g(y) d\mu_g(y) \\ &\leq \|\Delta_g P_{t/4}^g P_{t/4}^g\|_2 \|p_{t/2}^g\|_2 \leq \frac{4}{t} \|p_{t/4}^g\|_2 \|p_{t/2}^g\|_2 \end{aligned}$$

Recall that by (1.3) if  $K$  is uniformly doubling with constant at most  $D$ , there is a constant  $C(D)$  such that

$$(8.18) \quad p_t^g(e) \leq \frac{C(D)}{V_g(\sqrt{t})}.$$

Moreover, by (8.5), for any  $0 < a < 1$

$$p_{at}^g(e) \leq \frac{C(D)}{Da^{\delta/2}V_g(\sqrt{t})}$$

This yields

$$|\nabla_g p_t^g(x)|_g \leq \frac{2}{\sqrt{t}} (p_t^g(e))^{3/4} (p_{t/2}^g(e))^{1/4} \leq \frac{C_1(D)}{t^{1/2}V_g(\sqrt{t})}.$$

From [49] or, more directly, [17, Theorem 4.11] (see also [3]) Equation 8.15 follows.

Inequality (8.16) follows by integration. See, e.g., [51, Lemma 5.2.13].  $\square$

*Remark 8.16.* We do not know if it is possible to prove statements (8.13) and (8.14) with a uniform constant ( $H_1$  or  $H'_1$ ) over all  $g \in \mathfrak{L}(K)$  in the case when  $M = K$  is a compact Lie group, solely from the validity of Conjecture 1.1. In particular, we do not know if these statements hold uniformly for all left-invariant metrics on  $SU(2)$ . There seems to be no reasons why they should not hold but the known techniques to attack these problems usually involve curvature.

In this direction we note that the heat kernel lower bound in Theorem 8.9 and (8.15) imply that there exist  $C > 0$  and  $b > 1$  such that for all  $x, t$

$$(8.19) \quad |\nabla_g p_t(x)|_g \leq Ct^{-1/2}p_{bt}(x).$$

This is (8.13) for the heat kernel  $p_t^g(x)$ . Note that given (1.3) Equation (8.19) is equivalent to

$$|\nabla_g p_t(x)| \leq \frac{C}{\sqrt{t}V_g(\sqrt{t})} \exp(-b'|x|_g^2/t).$$

All the constants depend only on  $D$  as follows from the proofs in [3].

Finally, Theorem 8.15 by [3] gives the following corollary regarding the Riesz transforms.

**Corollary 8.17** (Uniform boundness of Riesz transforms). *Assume  $K$  is uniformly doubling with constant at most  $D$ . Then for all  $1 < p < \infty$  there are  $c_p(D), C_p(D)$  such that*

$$c_p(D) \|\Delta_g^{-1/2}f\|_p \leq \|\nabla_g f\|_p \leq C_p(D) \|\Delta_g^{-1/2}f\|_p.$$

**8.6. Weyl counting function.** For a compact Riemannian manifold  $(M, g)$ , consider the Weyl spectral counting function

$$\mathfrak{W}_{M,g}(s) := \#\{i : \lambda_{g,i} < s\},$$

where  $0 = \lambda_{g,0} < \lambda_g \leq \dots \leq \lambda_{g,i} \leq \dots$  are the eigenvalues of  $\Delta_g$  as defined in (8.3). The asymptotic behavior of this function is described classically by Weyl's law (see [15, p. 155]) as follows.

$$(8.20) \quad \mathfrak{W}_{M,g}(s) \sim \frac{\omega_n}{(2\pi)^n} \mu_g(M) s^{n/2},$$

where  $\omega_n$  is the volume of the Euclidean  $n$ -ball. However, even when  $M = K$  is a compact connected Lie group, these asymptotics do not hold uniformly over all left-invariant metrics  $g$  – not even when  $K = \mathbb{T}^n$  is a torus.

When  $(M, g)$  is a compact homogeneous space, C. Judge and R. Lyons in [28] have recently obtained the following uniform upper bound.

$$(8.21) \quad \mathfrak{W}_{M,g}(s) \leq C \frac{\mu_g(M)}{V_g(s^{-1/2})},$$

where  $C$  is a universal constant. If  $M = K$  is a compact connected Lie group which is uniformly doubling, we obtain a matching lower bound, uniformly over all left-invariant metrics.

**Proposition 8.18.** *Let  $K$  be a connected compact real Lie group which is uniformly doubling with constant at most  $D$ . Then there is a constant  $c(D) > 0$ , depending only on  $D$ , such that for all  $g \in \mathfrak{L}(K)$  we have*

$$(8.22) \quad \mathfrak{W}_{K,g}(s) \geq c(D) \frac{\mu_g(K)}{V_g(s^{-1/2})}.$$

For a proof, see [35, Théorème 7.1]; an explicit statement is also given in [48, Theorem 4.2]. The proof is based on the min-max characterization of eigenvalues and a covering argument. A matching upper bound is also proved in [35], but with a constant depending on  $D$ . Such a bound can be obtained another way using the trace of the heat kernel, via (8.4) and the heat kernel estimates of Section 8.3. In [20, Theorem 2] a similar statement is proved for individual sub-elliptic operators in  $\mathbb{R}^n$ , but without explicit control of the constants involved in terms of doubling.

The bound (8.22) is informative for  $t \geq c \text{diam}_g^{-2}$  as discussed in Section 8.2. Indeed, the spectral gap estimate in Theorem 8.5 implies that the step function  $\mathfrak{W}_{K,g}(t)$  equals 1 on  $[0, c \text{diam}_g^{-2})$  for some  $c = c(D)$ , uniformly over all left-invariant metrics in  $\mathfrak{L}(K)$ .

When  $K = \text{SU}(2)$ , Theorem 1.3 and Proposition 7.1 yield detailed explicit estimates for  $W_{\text{SU}(2),g}(s)$  as follows.

**Corollary 8.19** (Weyl counting function for SU(2)). *There are constants  $0 < C_0(D) \leq C_\infty < \infty$ , with  $C_0(D)$  depending only on  $D$  and  $C_\infty$  universal, such that for all  $g \in \mathfrak{L}(\text{SU}(2))$  we have*

$$(8.23) \quad C_0(D) f_{a_1, a_2, a_3}(t) \leq \mathfrak{W}_{\text{SU}(2),g}(t) \leq C_\infty f_{a_1, a_2, a_3}(t),$$

where

$$f_{a_1, a_2, a_3}(t) = \begin{cases} 1 & \text{if } 0 < t < 1/a_2^2, \\ a_2^2 t & \text{if } 1/a_2^2 \leq t < 1/a_1^2 \\ a_1^2 a_2^2 t^2 & \text{if } 1/a_1^2 \leq t < a_3^2/a_1^2 a_2^2 \\ a_1 a_2 a_3 t^{3/2} & \text{if } a_3^2/a_1^2 a_2^2 \leq t < \infty. \end{cases}$$

Here  $a_1, a_2, a_3$  are the parameters of  $g$  as in Notation 2.9.

**8.7. Heat kernel estimates: ergodicity.** Let  $\mathbf{V}_g$  be the total Riemannian volume of the given group  $K$  under a Riemannian metric  $g \in \mathfrak{L}(K)$ , that is,  $\mathbf{V}_g = \mu_g(K)$ . It is well-known that the heat semigroup associated to any given  $g \in \mathfrak{L}(K)$  is ergodic and that  $p_t^g(x) \rightarrow \mathbf{V}_g^{-1}$  as  $t$  tends to infinity. As before let  $\lambda_g$  be the lowest non-zero eigenvalue of the Laplacian  $\Delta_g$  on  $K$ . We would like to describe this convergence to equilibrium in terms of the eigenvalue  $\lambda_g$  in the case when  $K$

is a uniformly doubling compact Lie group. For relevant results we refer to [47, 49]. In what follows we set  $\|f\|_1 = \|f\|_{L^1(K, \mu_g)}$  and  $\|f\|_2 = \|f\|_{L^2(K, \mu_g)}$ .

**Theorem 8.20.** *Let  $K$  be a compact Lie group which is uniformly doubling with constant at most  $D$ . For any  $\epsilon > 0$  there is a constant  $C_\epsilon(K) \in (0, \infty)$  such that for any metric  $g \in \mathfrak{L}(K)$  we have*

$$\mathbf{V}_g \|p_t^g - \mathbf{V}_g^{-1}\|_1 \geq e^{-t\lambda_g} \quad \text{for all } t > 0,$$

and

$$\mathbf{V}_g \|p_t^g - \mathbf{V}_g^{-1}\|_2^2 \leq C_\epsilon(K) e^{-2s\lambda_g} \quad \text{for } t \geq \epsilon \text{ diam}_g^2 + s.$$

Moreover, there are constants  $c_i \in (0, \infty)$ ,  $1 \leq i \leq 4$ , such that for any metric  $g \in \mathfrak{L}(K)$  we have

$$\frac{c_1}{V_g(\sqrt{t})} e^{-2\lambda_g t} \leq \|p_t^g - \mathbf{V}_g^{-1}\|_2^2 \leq \frac{c_2}{V_g(\sqrt{t})} e^{-2\lambda_g t} \quad \text{for all } t > 0.$$

*Remark 8.21.* As we described in Section 8.2, under the hypothesis of this Theorem,  $\lambda_g$  is of order  $\text{diam}_g^{-2}$ , uniformly over  $\mathfrak{L}(K)$ . Note also that, by definition,  $\mathbf{V}_g = V_g(\text{diam}_g/2)$ . Further, for any function  $f \in L^2(K, \mu_g)$ ,  $\|f\|_1^2 \leq \mathbf{V}_g \|f\|_2^2$ .

*Proof.* Let  $\varphi$  be an eigenfunction of  $\Delta_g$  associated with the lowest non-zero eigenvalue  $\lambda_{1,g}$  and normalized by  $\max_x |\varphi(x)| = \varphi(e) = 1$  (such a normalization is always possible by translation in  $K$  and multiplication by a constant). Then the lower  $L^1$ -bound follows from

$$\|p_t^g - \mathbf{V}_g^{-1}\|_1 \geq \int (p_t^g(x) - \mathbf{V}_g^{-1}) \varphi(x) d\mu_g(x) = e^{-\lambda_g t},$$

where we used the fact that  $\varphi \perp 1$  and

$$\int_K p_t^g(x) \varphi(x) d\mu_g(x) = (P_t \varphi)(e) = e^{-\lambda_g t} \varphi(e).$$

For the two-sided  $L^2$ -estimate, first observe that for any constant  $C >$  by (8.1) we have

$$\int_K |p_t^g(x) - C|^2 d\mu_g(x) = p_{2t}^g(e) - 2C + C^2 \mathbf{V}_g,$$

and so by (8.4)

$$\mathbf{V}_g \|p_t^g - \mathbf{V}_g^{-1}\|_2^2 = \mathbf{V}_g p_{2t}^g(e) - 1 = \sum_{i=1}^{\infty} e^{-2t\lambda_{g,i}},$$

where  $\lambda_{g,i}$  are eigenvalues of  $\Delta_g$  as defined in (8.3). For the lower bound, noting that  $e^{-2t\lambda_g} \leq 1$  we have

$$\begin{aligned} \mathbf{V}_g p_{2t}^g(e) - 1 &= e^{-2t\lambda_g} + \sum_{i=2}^{\infty} e^{-2t\lambda_{g,i}} \geq \frac{1}{2} e^{-2t\lambda_g} (1 + e^{-2t\lambda_g}) + \sum_{i=2}^{\infty} e^{-2t\lambda_{g,i}} \\ &\geq \frac{1}{2} e^{-2t\lambda_g} (1 + e^{-2t\lambda_g}) + \frac{1}{2} e^{-2t\lambda_g} \sum_{i=2}^{\infty} e^{-2t\lambda_{g,i}} \\ &= \frac{1}{2} e^{-2t\lambda_g} \mathbf{V}_g p_{2t}^g(e). \end{aligned}$$

By Theorem 8.9, this gives the desired lower bound.



For the upper bound, write

$$\begin{aligned} \mathbf{V}_g p_{2t}^g(e) - 1 &= \sum_{i=1}^{\infty} e^{-2t\lambda_{g,i}} = \sum_{\lambda_{g,i} \leq 2\lambda_g} e^{-2t\lambda_{g,i}} + \sum_{\lambda_{g,i} > 2\lambda_g} e^{-2t\lambda_{g,i}} \\ &\leq e^{-2t\lambda_g} \left( \mathfrak{W}_g(2\lambda_g) + \sum_{\lambda_{g,i} > 2\lambda_g} e^{-t\lambda_{g,i}} \right) \\ &\leq e^{-2t\lambda_g} (\mathfrak{W}_g(2\lambda_g) + \mathbf{V}_g p_t^g(e)). \end{aligned}$$

The upper bound in (8.22) and the upper bound  $\lambda_g \leq C_1(D) \text{diam}_g^{-2}$  in Theorem 8.5 yield  $\mathfrak{W}_g(2\lambda_g) \leq C_2(D)$ . This, together with (8.11), gives

$$\mathbf{V}_g p_{2t}^g(e) - 1 \leq \frac{C_3(D) \mathbf{V}_g}{V_g(\sqrt{t})} e^{-2t\lambda_g}$$

as desired.  $\square$

**8.8. Infinite products.** Let  $\{K_i\}_{i=1}^{\infty}$  be a sequence of compact connected Lie groups, each equipped with the Haar probability measure  $\mu_i$ . Consider the compact group

$$K^{\infty} := \prod_{i=1}^{\infty} K_i.$$

Note that this includes the case when  $K_i = K$  for all  $i$ . Suppose each  $K_i$  is equipped with a Riemannian metric  $g_i \in \mathfrak{L}(K_i)$ ; from now on by  $K_i$  we denote  $(K_i, g_i)$ , and by  $\mathbf{g}$  we denote the sequence of metrics  $\{g_i\}_{i=1}^{\infty}$ . Note that the Riemannian volume measure  $\mu_{g_i}$  is just a rescaling of  $\mu_i$ , so  $D(K_i, d_{g_i}, \mu_{g_i}) = D(K_i, d_{g_i}, \mu_i)$ . We endow  $K^{\infty}$  with its Haar probability measure  $\mu$  which is the product of the Haar measures  $\mu_i$ . For background on this setting see [9, 24].

The space of *cylinder functions*, i.e. smooth functions depending on only finitely many coordinates, is dense in  $L^2(K^{\infty}, \mu)$ . For a cylinder function  $f$ , set

$$\mathcal{E}_{\mathbf{g}}(f, f) := \int_{K^{\infty}} \sum_{i=1}^{\infty} g_i(\nabla_{g_i} f, \nabla_{g_i} f) d\mu.$$

The quadratic form  $\mathcal{E}_{\mathbf{g}}$  is closable and its closure is a strictly local regular Dirichlet form associated to a self-adjoint Markov semigroup  $H_t^{\mathbf{g}}$ . It is a convolution semigroup on  $K^{\infty}$  associated with a convolution semigroup of symmetric measures  $\nu_t^{\mathbf{g}}$ , i.e.

$$H_t^{\mathbf{g}} f(x) = \int f(xy) d\nu_t^{\mathbf{g}}(y), \quad t > 0.$$

For each metric  $g_i$ , we let  $\gamma_i := \lambda_{1,i}$  be the second smallest eigenvalue of the operator  $-\Delta_i$ , where  $\Delta_i$  is the Laplace–Beltrami operator on  $K_i$ .

Denote by  $t_A$  to be the infimum of all times  $t > 0$  at which the measure  $\nu_t^{\mathbf{g}}$  is absolutely continuous with respect to the Haar measure  $\mu$ . Note that if this property holds at time  $t$ , it also holds at all later times.

The following are special cases of more general open problems considered in [49, Section 2]. Is it true that  $\nu_t^{\mathbf{g}}$  is singular with respect to the Haar measure  $\mu$  for all time  $t < t_A$ ? Is it true that for all  $t > t_A$ , the density  $f_t^{\mathbf{g}}$  of the measure  $\nu_t^{\mathbf{g}}$  with respect to  $\mu$  is in  $L^2(K^{\infty}, \mu)$ ? Is it true that if  $t_A = 0$ , then  $f_t^{\mathbf{g}}$  has a continuous representative?

**Proposition 8.22.** *Assume there exists a constant  $D$  such that for any  $i = 1, 2, \dots$  and any  $g_i \in \mathfrak{L}(K_i)$  we have  $D(K_i, d_{g_i}, \mu_i) \leq D$ . Denote*

$$t_* := \inf\left\{t : \sum_1^\infty e^{-2t\gamma_i} < \infty\right\}.$$

*Then the following properties hold:*

- *The measure  $\nu_t^{\mathfrak{g}}$  is absolutely continuous with respect to the Haar measure  $\mu$  for  $t > t_*$  whereas  $\nu_t^{\mathfrak{g}}$  has no absolutely continuous part with respect to  $\mu$  for  $0 < t < t_*$ ;*
- *Furthermore, for all  $t > t_*$ , the density  $\frac{d\nu_t^{\mathfrak{g}}}{d\mu}$  is in  $L^2(K^\infty, \mu)$ . It is unbounded for  $t_* < t < 2t_*$ , and it is bounded and continuous for  $t > 2t_*$ ;*
- *In particular, if  $t_* = 0$ , the semigroup  $H_t^{\mathfrak{g}}$  admits a continuous convolution kernel for all times  $t > 0$ .*

*Proof.* This follows from (1.2), (1.3) Proposition 8.13 and [8, Theorems 3.1, 4.1, 4.2].  $\square$

In particular, by Theorem 1.2 and the similar result for tori, these properties hold when  $K_i \in \{\mathrm{SU}(2), \mathbb{T}, \mathbb{T}^2, \dots, \mathbb{T}^n\}$ .

## 9. CONNECTIONS TO SUB-RIEMANNIAN GEOMETRY

We have focused this paper on Riemannian geometry, but in fact our results carry over to sub-Riemannian geometry as well. In this section, we make those connections explicit. We briefly review the relevant definitions as they apply to Lie groups; we refer to [38] for a discussion of sub-Riemannian geometry in a general context.

On a connected Lie group  $K$ , a left-invariant sub-Riemannian geometry is determined by a choice of a linear subspace  $H \subset \mathfrak{k}$  of the Lie algebra, and a Euclidean inner product  $g$  on  $H$ . Let  $\mathfrak{L}_{\mathrm{sub}}(K)$  denote the set of all such pairs  $(H, g)$ ; by abuse of notation, we will refer to such a pair simply by  $g$ . It is also common to view  $g$  as an extended quadratic form on  $\mathfrak{k}$ , where  $g(v, w) = \infty$  unless  $v, w \in H$ .

By left translation,  $H$  extends to a left-invariant distribution  $\mathcal{H} \subset TK$  with  $\mathcal{H}_e = H$ , and  $g$  extends to a left-invariant sub-Riemannian metric, still called  $g$ , on  $\mathcal{H}$  (or an extended quadratic form on  $TK$ ).

The geometry  $(H, g)$  satisfies the Hörmander bracket generating condition iff  $H$  generates the Lie algebra  $\mathfrak{k}$ ; let  $\mathfrak{L}_{\mathrm{sub}}^*(K) \subset \mathfrak{L}_{\mathrm{sub}}(K)$  denote the set of such geometries. Note that for  $K = \mathrm{SU}(2)$ , this happens iff  $\dim H \geq 2$ , since the Lie algebra  $\mathfrak{su}(2)$  is generated by any two linearly independent elements. When  $H = \mathfrak{k}$  we recover the left-invariant Riemannian geometries  $\mathfrak{L}(K)$ .

To any  $g \in \mathfrak{L}_{\mathrm{sub}}(K)$  is associated a length structure giving finite length to continuous piecewise smooth curves that stay tangent to  $\mathcal{H}$  (these are called horizontal curves). The left-invariant Carnot–Carathéorody (pseudo)-distance  $d_g(x, y)$  is defined as the infimum of the lengths of horizontal curves joining  $x$  to  $y$  in  $K$ , where  $d_g(x, y) = \infty$  if no such curve exists. By the Chow–Rashevskii theorem [38, Theorems 2.1.2 and 2.1.3], if  $g \in \mathfrak{L}_{\mathrm{sub}}^*(K)$  then  $d_g(x, y)$  is finite for any pair  $x, y \in K$ , so that  $d_g$  is a genuine distance, and moreover the topology induced by  $d_g$  coincides with the manifold topology of  $K$ .

Each sub-Riemannian geometry  $(H, g) \in \mathfrak{L}_{\text{sub}}(K)$  is also associated with a canonical left-invariant sub-Laplacian  $\Delta_g$ , which may be defined by

$$(9.1) \quad \Delta_g = - \sum_{i=1}^k \tilde{u}_i^2$$

where  $k = \dim H$ ,  $\{u_i : 1 \leq i \leq k\}$  is a  $g$ -orthonormal basis for  $H$ , and  $\{\tilde{u}_i\}$  are the corresponding left-invariant vector fields. This definition is independent of the basis chosen. The operator  $\Delta_g$  is hypoelliptic iff  $g \in \mathfrak{L}_{\text{sub}}^*(K)$ , and when  $g$  is Riemannian ( $H = \mathfrak{k}$ ) we recover the Laplace–Beltrami operator.

Likewise, for  $f \in C^\infty(K)$ , we have the left-invariant sub-gradient  $\nabla_g f$  which is a smooth section of  $\mathcal{H}$  defined by

$$(9.2) \quad \nabla_g f = \sum_{i=1}^k (\tilde{u}_i f) \tilde{u}_i.$$

In particular, we have

$$(9.3) \quad |\nabla_g f|^2 := g(\nabla_g f, \nabla_g f) = \sum_{i=1}^k |\tilde{u}_i f|^2.$$

When  $g$  is Riemannian this is the usual Riemannian gradient.

In the case  $K = \text{SU}(2)$ , a sub-Riemannian metric  $g \in \mathfrak{L}_{\text{sub}}(\text{SU}(2))$  can be diagonalized by a standard Milnor basis, in the same way as in Lemma 2.8 for Riemannian metrics.

**Proposition 9.1.** *Let  $(H, g) \in \mathfrak{L}_{\text{sub}}(\text{SU}(2))$ , with  $\dim H = k$ . There exists a standard Milnor basis  $\{e_1, e_2, e_3\}$  and an ordered triplet of extended non-negative reals  $0 < a_1 \leq a_2 \leq a_3 \leq \infty$  such that  $H = \text{span}\{e_i : 1 \leq i \leq k\}$  and  $g(e_i, e_j) = a_i^2 \delta_{ij}$  for  $1 \leq i, j \leq k$ . We take  $a_i = \infty$  for  $i > k$ .*

*Proof.* The case  $k = 0$  is trivial (any standard Milnor basis will do), and  $k = 3$  is Lemma 2.8.

For  $k = 2$ , let  $\{v_1, v_2\}$  be a  $g$ -orthonormal basis for  $H$ , and set  $v_3 = [v_1, v_2]$ . Observe that  $v_3 \notin H$ ; indeed, under the invariant inner product given by the negative Killing form,  $v_3$  is orthogonal to both  $v_1, v_2$ . Let  $g'$  be the Euclidean inner product on  $\mathfrak{su}(2)$  which makes  $v_1, v_2, v_3$  orthonormal, and define  $\times, L$  with respect to  $g'$  as in the proof of Lemma 2.8, choosing  $\times$  so that  $v_1 \times v_2 = v_3$ . Note that  $v_3$  is an eigenvector of  $L$  (with eigenvalue 1), since  $L(v_3) = L(v_1 \times v_2) = [v_1, v_2] = v_3$ . So if  $\{w_1, w_2, w_3\}$  is a  $g'$ -orthonormal basis of eigenvectors for  $L$ , where we let  $w_3 = v_3$ , then necessarily  $w_1, w_2 \in H$  and they are  $g$ -orthonormal. Proceeding as in Lemma 2.8, there is a standard Milnor basis  $\{e_1, e_2, e_3\}$  where  $e_i$  is a scalar multiple of  $w_i$ , and in particular  $e_1, e_2 \in H$  and they are  $g$ -orthogonal.

For  $k = 1$ , let  $v_1$  span  $H$ , choose  $v_2 \notin H$  arbitrarily, and proceed as in the previous case. We obtain a standard Milnor basis  $\{e_1, e_2, e_3\}$  where  $\text{span}\{e_1, e_2\} = \text{span}\{v_1, v_2\}$ . In particular there is some  $\theta \in \mathbb{R}$  such that  $v_1$  is a scalar multiple of  $\cos(\theta)e_1 + \sin(\theta)e_2$ , and then

$$\{\cos(\theta)e_1 + \sin(\theta)e_2, \sin(\theta)e_1 - \cos(\theta)e_2, e_3\}$$

is the desired standard Milnor basis, as in Example 2.3. □

Thus, as in Corollary 2.10, the left-invariant sub-Riemannian geometries  $g \in \mathfrak{L}_{\text{sub}}(\text{SU}(2))$  are given, up to isometry, by the geometries  $g_{(a_1, a_2, a_3)}$ , where the  $a_i$  are allowed to take the value  $\infty$ . In fact, these geometries arise as the limits of the Riemannian geometries  $g_{(a_1, a_2, a_3)}$  where the  $a_i$  are finite. The “standard” sub-Riemannian metric commonly encountered in the literature (e.g. [6, 7]) corresponds to  $g_{(1, 1, \infty)}$ , but we stress that this is just one element of the infinite family  $\mathfrak{L}_{\text{sub}}^*(\text{SU}(2))$ .

**Lemma 9.2.** *Given  $g = g_{(a_1, a_2, a_3)} \in \mathfrak{L}_{\text{sub}}(\text{SU}(2))$ , where  $0 < a_1 \leq a_2 \leq a_3 \leq \infty$ , and  $\epsilon > 0$ , let  $a_{\epsilon, i} = \min(a_i, \epsilon^{-1})$ , and set  $g_\epsilon = g_{(a_{\epsilon, 1}, a_{\epsilon, 2}, a_{\epsilon, 3})} \in \mathfrak{L}(\text{SU}(2))$ . Then for any  $x, y \in \text{SU}(2)$  we have  $d_g(x, y) = \lim_{\epsilon \rightarrow 0} d_{g_\epsilon}(x, y)$ .*

*Proof.* By left invariance, it suffices to consider  $d_g(e, x)$  where  $x \neq e$ .

If  $d_g(e, x) < \infty$ , the result follows by the argument in [27, Proposition 3.1] for the distance  $\alpha_L$ . In particular, this covers all cases when  $a_2 < \infty$  (so that  $\dim H$  is 2 or 3).

In the trivial case of  $g_{(\infty, \infty, \infty)}$ , where  $\dim H = 0$ , we have  $d_g(e, x) = \infty$  for all  $x \neq e$ , and we simply note that  $d_{g_\epsilon}(e, x) = d_{(\epsilon^{-1}, \epsilon^{-1}, \epsilon^{-1})}(e, x) = \epsilon^{-1} d_{(1, 1, 1)}(e, x) \rightarrow \infty$  as  $\epsilon \rightarrow 0$ .

The remaining case is where  $g = g_{(a_1, \infty, \infty)}$ , with  $a_1 < \infty$  (so that  $\dim H = 1$ ) and  $d_g(e, x) = \infty$ . Let  $S = \{\exp(s\hat{e}_1) : s \in \mathbb{R}\}$  be the circle subgroup defined in the proof of Proposition 7.1. If  $x \in S$ , so that  $x = \exp(T\hat{e}_1)$  for some  $T$ , then  $\gamma(t) = \exp(t\hat{e}_1)$ ,  $0 \leq t \leq T$  is a finite-length horizontal curve joining  $e$  to  $x$ , and thus  $d_g(e, x) < \infty$ . So suppose  $x \notin S$ . As shown in the proof of Proposition 7.1, we have  $d_{(0, 1, 1)}(e, x) > 0$ . Hence for all  $\epsilon \leq \min(a_1^{-1}, 1)$  we have

$$0 < d_{(0, 1, 1)}(e, x) \leq d_{(\epsilon a_1, 1, 1)}(e, x) = \epsilon d_{g_\epsilon}(e, x)$$

which implies that  $d_{g_\epsilon}(e, x) \rightarrow \infty$ .  $\square$

**Corollary 9.3.** *The family of metric measure spaces*

$$\{(\text{SU}(2), d_g, \mu_0) : g \in \mathfrak{L}_{\text{sub}}^*(\text{SU}(2))\}$$

*is uniformly volume doubling with the same constant  $D$  as in Theorem 1.2.*

*Proof.* By the previous lemma, the closed ball  $\bar{B}_g(r)$  equals the decreasing intersection  $\bigcap_n B_{g_{1/n}}(r)$ . The sub-Riemannian spheres have measure zero [44, Proposition 4.3], so we have  $\mu_0(B_g(r)) = \mu_0(\bar{B}_g(r)) = \lim_{\epsilon \rightarrow 0} \mu_0(B_{g_\epsilon}(r))$ , and by Theorem 1.2 each  $g_\epsilon$  is volume doubling with constant at most  $D$ , so the result follows.  $\square$

**Corollary 9.4.** *For all  $g_{(a_1, a_2, a_3)} \in \mathfrak{L}_{\text{sub}}^*(\text{SU}(2))$ , where we allow  $a_3 = \infty$ , the volume  $V_{(a_1, a_2, a_3)}(r)$  is comparable to  $\bar{V}_{(a_1, a_2, a_3)}(r)$  as defined in (6.1), uniformly in  $a_1, a_2, a_3, r$ .*

Note that for  $a_3 = \infty$ , the “Euclidean” regime, where volume scales as  $r^3$ , becomes empty, and for very small  $r$ , the volume scales as  $r^4$  instead. This matches the Heisenberg behavior and corresponds to the fact that such a sub-Riemannian geometry has Hausdorff dimension 4.

*Remark 9.5.* The preceding corollaries may also be proved directly, instead of by approximating sub-Riemannian geometries by Riemannian geometries. Indeed, the proofs in Sections 3–6 go through without change if  $a_3 = \infty$ . (Note that Section 3, the Euclidean regime, becomes vacuous in that case.)

The results in Section 8 concerning the spectral gap  $\lambda_g$ , the heat kernel  $p_t^g$ , the eigenvalues  $\lambda_{g,i}$  and the Weyl counting function  $\mathfrak{W}_g$  all extend uniformly to sub-Riemannian geometries  $g \in \mathfrak{L}_{\text{sub}}^*(\text{SU}(2))$ , with  $\Delta_g$ ,  $|\nabla_g f|^2$  redefined as above. It is only necessary to adjust the statements to replace all instances of  $\mu_g$  by  $\mu_0$ , since sub-Riemannian geometries do not admit a Riemannian volume, and scale appropriately. In particular, in this context the heat kernel  $p_t^g$  should be viewed as an integral kernel with respect to  $\mu_0$ . The proofs need not be carried out by passing to the limit in the Riemannian statement; instead, the results follow because they are general consequences of uniform doubling and the uniform Poincaré inequality, for which the proof cited in Section 8.1 goes through without change in the sub-Riemannian setting.

*Remark 9.6.* One may also study the degenerate sub-Riemannian geometries, though this is more complicated because their topologies are not well behaved. For instance, with  $g = g_{(a_1, \infty, \infty)}$ , the  $\infty$ -metric space  $(\text{SU}(2), d_g)$  has uncountably many connected components, which are the left cosets of the one-dimensional subgroup  $S = \{\exp(se_1) : s \in \mathbb{R}\}$ , all isometric to  $S^1$  and at pairwise distance infinity from one another. In particular, every ball of this metric has Haar measure zero, so statements about volume growth are not sensible. However, if we fix a sufficiently large  $R$ , then for all small  $\epsilon$  the ball  $B_{g_\epsilon}(R)$  is comparable to  $B_{g_\epsilon}(S, R)$ ; by arguments similar to Proposition 5.3, one may see that  $\mu_0(B_{g_\epsilon}(R)) \approx \epsilon^2 R^2$ . On the other hand, (6.1) gives

$$\mu_0(B_{g_\epsilon}(r)) \approx \begin{cases} a_1^{-1} \epsilon^2 r^3, & 0 \leq r \leq a_1 \\ \epsilon^2 r^2, & a_1 \leq r \leq \epsilon^{-1} \\ 1, & r \geq \epsilon^{-1}. \end{cases}$$

As  $\epsilon \rightarrow 0$ , the ball  $B_{g_\epsilon}(R)$  collapses to  $S$ , and we have

$$(9.4) \quad \frac{\mu_0(B_{g_\epsilon}(r))}{\mu_0(B_{g_\epsilon}(R))} \approx \begin{cases} \frac{r}{a_1}, & r \leq a_1 \\ 1, & r \geq a_1. \end{cases}$$

If we consider the circle  $S^1$  as a Lie group equipped with its own normalized Haar measure  $\mu_{S^1}$  and the metric  $g = g_{a_1}$  which is the  $a_1$ -scaling of the unique left-invariant Riemannian metric on  $S^1$ , we can observe that (9.4) is comparable to the volume  $\mu_{S^1}(B_g(r))$  of a ball in  $S^1$ . In particular, we recover the (trivial) fact that left-invariant Riemannian geometries on  $S^1$  are uniformly volume doubling. This is perhaps not so interesting in our present context, but the idea of considering degenerate sub-Riemannian geometries may yield more useful insights when replacing  $\text{SU}(2)$  with other compact connected Lie groups  $K$ .

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