Exercise 2.16

Start with:

$$e_{x:\overline{n}|} = \mathbb{E}\left[\min(K_x, n)\right] = \sum_{k=0}^{\infty} \min(k, n)_{k|} q_x = \sum_{k=1}^{n-1} k_{k|} q_x + n \sum_{k=n}^{\infty} {}_{k|} q_x$$

Now by noting that

$$\sum_{k=1}^{n-1} k_{k|} q_x = \sum_{k=1}^{n-1} k \left({}_k p_x - {}_{k+1} p_x \right) = \sum_{k=1}^{n-1} {}_k p_x - (n-1)_n p_x$$

and that

$$\sum_{k=n}^{\infty} {}_{k|}q_x = {}_{n}p_x,$$

we get the desired result:

$$e_{x:\overline{n}|} = \sum_{k=1}^{n-1} {}_{k}p_{x} - (n-1)_{n}p_{x} + n_{n}p_{x} = \sum_{k=1}^{n} {}_{k}p_{x}$$